ATHLOS PERFORMANCE CHARACTER TRAITS

GRIT

Rising up to meet challenges and persevering in spite of failure

SOCIAL INTELLIGENCE

Navigating relationships and interactions with respect and confidence

LEADERSHIP

Making responsible decisions and motivating others to action

OPTIMISM

Believing that effort today improves tomorrow

FOCUS/ SELF-CONTROL

Focusing our minds and bodies by resisting distractions and actively concentrating

CURIOSITY

Finding wonder and passion in the experience of learning

HUMILITY

Allowing accomplishments to speak for themselves

COURAGE

Taking risks and standing up for what is right

ENERGY/ZEST

Engaging in life with enthusiasm and excitement each day

INITIATIVE

Taking action to help ourselves and others without being asked

Thinking "outside the box" and solving problems with

CREATIVITY



INTEGRITY