



# THE GRIFFIN CHRONICLE



Athlos Academy of Utah

Mr. Herr's Newsletter | October 8, 2018

Hello AAU Families,

October is loaded with so many activities for your family to participate in at AAU—everything from fieldtrips (we always need volunteers) to our [Haunted Hallways](#) and [Halloween parade](#). Fall is brisk with wonderful colors and really represents the start of the holiday season! Our fall break will be Thursday, October 18 and Friday, October 19, and I hope families can enjoy a couple of days off from the bustle of school. At the end of this newsletter is a link to the list of all of the fun things we have coming up. ***As a final note***, with the cooler weather, there will be a temptation to wear items that are not in compliance with the [uniform dress code](#). Wearing just leggings is not acceptable; they must have the Athlos emblem skort or shorts over them. Sweatshirts can be worn indoors but must be solid black, or the proscribed Athlos sweatshirt for Middle School, and must be worn over an Athlos uniform shirt. Outdoor jackets or coats are the choice of the family but cannot be worn inside. Please review these uniform rules with your student.

Right before fall break, we will have our [student-led conferences](#). These are a very important part of the Athlos model, as students are able to self-assess their academic, personal, and physical achievements. They will have student work to present and goals to set, all with assistance and feedback from their teacher. The conferences will be held from 4-8 PM (dinner break for staff from 5-5:30 PM) on Tuesday, October 16, and 9 AM-12 PM on Wednesday, October 17. Teachers are sending a sign-up link to you, so please reserve a time for this important event.

Our [PTO](#) (Parent Teacher Organization) is working hard to be a voice for the parents of AAU and to really help the staff develop a wonderful community. Parents who volunteer and participate make school a much better environment. We can't do this without you. I encourage you to join PTO, if you haven't already, to help with the fun! For more information, please talk to your child's teacher or contact the PTO President, Maddie Purser, at [aautpto@gmail.com](mailto:aautpto@gmail.com) or by phone at 801-809-2545.

The [Performance Character trait](#) for next week is integrity. From Vocabulary.com, "Having integrity means doing the right thing in a reliable way. It's a personality trait that we admire, since it means a person has a moral compass that doesn't waver. It literally means having 'wholeness' of character, just as an *integer* is a 'whole number' with no fractions. Physical objects can display integrity, too — if you're going over a rickety old bridge that sways in the wind, you might question its structural integrity." Here are a couple of links to great items to help your children understand integrity.

<https://www.rootsofaction.com/integrity-quotes-kids/>

<https://www.edutopia.org/blog/8-pathways-creating-culture-integrity-marilyn-price-mitchell>

## Activities

Visit the [school calendar](#).

There will be two great community events at Athlos Academy this month.

### ***Athlos Moves***

Thursday, October 11

6:30 p.m. – 7:30 p.m.

Join us for Athlos Moves, a free community night of fun and fitness hosted on our indoor turf and court. The event will consist of a series of exciting challenges, game-style family competitions, and an obstacle course relay! Come to get active as a family, invite your friends, and learn more about the positive impacts of being active. Athlos Moves is a free event open to anyone in Herriman and the surrounding communities. There will be health resources available and information on enrollment.

[RSVP to Athlos Moves](#)

*Raffle information for Athlos families:* We encourage you to invite your friends, family members, and neighbors who may be interested in our community events or in learning more about Athlos. We would love help spreading the word about our school and inviting the community to our upcoming events. For every non-Athlos family who signs in to our events and uses your name as a referral source, you will be entered in a raffle to win an [Amazon Echo Dot Kids Edition](#). Please check your child's backpack for a flyer and a pass-along invitation to share with your friends and family members.

### ***Athlos Cares***

Tuesday, October 23

6:30 p.m.

In light of Bullying Prevention Month in October, we are inviting Athlos families and the larger community to join us for Athlos Cares, an event aimed to build a kinder community. Together with our community partners, the [Utah Anti-Bullying Coalition](#), we will host an informative night that will inspire and motivate both children and adults to spread kindness. This event will include music, activities, and motivational speakers from [Stand4Kind](#), and will reflect on character building as a tool to foster positivity. Information will be provided on how to recognize and combat bullying. Build a kinder community with us; all are welcome to attend. Athlos Cares is a free event open to anyone in Herriman and the surrounding communities.

[RSVP to Athlos Cares](#)

### ***Book Fair!***

The Book Fair will be held from Thursday, October 11 until Wednesday, October 17. Please support this wonderful event which will have great book and other fun items.