



OCT 29–31, 2019

Students at Athlos Academy are getting ready for Red Ribbon Week 2019 – this year’s theme is:

Send A Message. Stay Drug-Free.

The theme is a call to action to speak out in support of healthy choices. It is also a reminder that by staying drug-free, students are sending a message to themselves and others about how much they value themselves, their overall health, their community, and their future.

At school, students will engage in activities that promote a drug-free and healthy lifestyle. Please partner with us and discuss this message at home, at the dinner table, at family outings, and with friends and extended family.

Let’s get smart about drugs and celebrate Red Ribbon Week together!

OCT 29

**BE ON A DRUG-FREE TEAM:
Wear your favorite team gear**

- Receive RR bracelet (receive reward Nov. 1 for wearing the bracelet all week)
- Classroom Poster Contest

OCT 30

**LIVE RED:
Wear as much red as you can**

- Assembly with Detective Cutright and Sergeant Bell
- Sign pledge banner

OCT 31

**TURN YOUR BACK ON DRUGS:
Wear clothes backwards**

- Tie red ribbons on the school fence

**No costumes, pajamas, or regular non-themed dress.
Wear Athlos Uniform if not participating.**