



GRIFFIN CHRONICLE

UPCOMING EVENTS

NOVEMBER 29-DECEMBER 2

Black Friday Apparel Sale

NOVEMBER 27-29

No School Thanksgiving Break

DECEMBER 1

Enrollment Opens for School Year 2020-2021

DECEMBER 2

Boys Basketball Away Game @ 4:30 p.m.

DECEMBER 2-13

AAU Food Drive

DECEMBER 7

Christmas Concert



MESSAGE FROM THE DIRECTOR

Dear Parents and Students,
This year, administration and teachers are highly focused on helping students develop a love for reading. Our first book fair of the year was a huge success! Thank you to our Parent Teacher Organization (PTO) for organizing such a fantastic event. Our families bought 1,700 books. As we enter into the holiday season and aren't in school as frequently, we ask families to please read at home with their students! Also, tune in to Facebook or Instagram every Tuesday starting in December for "Tuck-in Tuesday," and hear our administrative staff read stories to your kids! We can't wait to see you there!

Sincerely,
Mandy Kartchner

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Staff Spotlight



Nigel Stanton

Athletic Coach

This is my seventh year teaching and my second year teaching athletic movement at Athlos Academy of Utah. Having the opportunity to continue my career at Athlos Academy and be a part of one of the best physical education curriculums in the nation, in my opinion, is a win-win situation for me. Being able to supply the tools for children to learn healthy habits for a lifetime is one of the most rewarding parts of the position as athletic performance coach. Knowing that as these students go through life they have the tools to make educated decisions in regards to their physical, mental, emotional, and spiritual fitness is another huge payoff.

One of my all-time favorite things to do is to hook up the trailer with my wife to my VW Bus, take the bikes, kayaks, and

camping gear, and go explore new places. Next on my list would be to ski. I have not been skiing for a long period of time, but absolutely love it. The snow and skiing here at the Utah ski slopes are regarded as some of the best in the world and I can't wait for the slopes to open!

I feel all of the character traits are intimately connected but the two for me that stand out most are integrity and grit. For integrity, I feel we should always try our best to do the right thing...even when no one is looking. Grit, for me, is about stick-with-it-ness. Having the courage to work hard in the face of adversity and to persevere when the going gets tough or is sometimes boring is crucial in life. To follow through and finish what you started, not being afraid to fail, and learning from the experience of doing is what makes a person successful.

Books, Books, Books!

The Athlos Academy Book Fair was a HUGE success! We sold more than 1,700 books at our book fair, Scholastic matched our All for Books Donations, and in turn we received 350 books. A big thank you to our many PTO and parent volunteers for their help. Almost every parent and child left with a book to love and excitement in their eyes. We hope the excitement to curl up with a good book and read continues throughout the year.

Reading is a vital part of your learner's vocabulary and academic performance. At Athlos we encourage parents to engage in reading with their student for 20 minutes a day. That's all, only 20 minutes per day. A great time to participate in these 20 minute sessions is story time before bed or quality time right after school with your student. 20 minutes per day has a massive impact for your student's learning experience. Students who read 20 minutes per day will be exposed to 1,800,000 words per year and can score in the 90th percentile on standardized test, versus students who read 5 minutes a day are exposed to only 282,000 words a year and can score in the 50th percentile, according to Scholastic.

So let's kick off Thanksgiving break with a good book for you and your learner to read!



Lost and Found Announcement

We have loads of clothing, games, glasses, and lunch boxes missing a home. If your student is missing any of these, please come sort through the lost and found in the big brown bin north of the front desk. Unclaimed lost and found items will be donated to a local charity Tuesday, November 26, after the front office closes. Thank you for your support and cooperation!

Open Enrollment



Have you had an amazing experience at Athlos? Let's invite other parents and students to experience our school. We are excited to open Athlos Academy enrollment for school year 2020-2021 on December 1, 2019.

If you know of any parents looking for a great school that provides students with an active experience for a healthy body, prepared mind, and performance character, please refer them to Athlos Academy or invite them to our Open House Event for a tour on December 5 from 6-8 p.m.

Christmas Concert

Tuesday, December 17, 2019

Location: Athlos Academy Gym

What to wear: Nicest holiday outfit; short holiday hats/headbands optional

K-2 concert: 6:00 p.m.

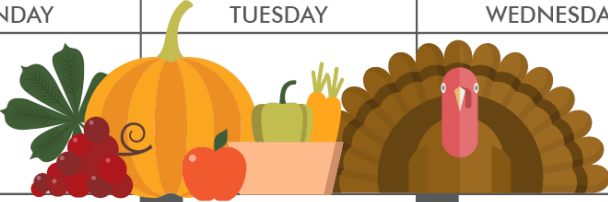

- The first concert is for students in Kindergarten, 1st, and 2nd grade
- The concert begins at 6 p.m. (house opens at 5:30 p.m.)
- Students should arrive dressed in their outfits by 5:30 p.m.

3rd-5th + Middle School Choir: 7:15 p.m.

- The second concert is for students in 3rd, 4th, 5th grade, and middle school choir
- The concert begins at 7:15 p.m.
- Students should arrive dressed in their outfits by 6:45 p.m.

ALL CLASSES

- Students go straight to their classroom and check in with their teacher
- Students should be in their nicest holiday outfit (preferably with black, red, white & green accents)
- Holiday hats and headbands are okay as long as they aren't too tall. Kinder and 4th grade are encouraged to wear reindeer antlers since they sing about reindeer
- There is a combined number at the end of both concerts so, please allow your students to stay the whole time, if possible
- Concert order: 2nd, 1st, Kinder then combined: Choir, 5th, 4th, 3rd then combined
- Please don't bring food or drinks into the gym
- Parking is always crazy; please plan accordingly

Student Meal Prices Breakfast: \$1.60 Reduced Breakfast: 30¢ Lunch: \$2.60 Reduced Lunch: 40¢		Student Drink Prices Milk: 30¢ Juice: 30¢ Water: 30¢	ATHLOS ACADEMY OF UTAH NOVEMBER MENU	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Maple Bites or Cereal w/ Toast L: Sack Lunch
4 B: Pancakes or Cereal w/ Toast L: S & S Chicken or Baked Potato w/ Ham & Cheese	5 B: Zucchini Bread or Cereal w/ Toast L: Chicken Enchilada or Street Tacos	6 B: Breakfast Burrito or Cereal L: Athlos Sub Sandwich or Mandarin Salad	7 NO SCHOOL	8 NO SCHOOL
11 B: Waffle Bites or Cereal w/ Toast L: Orange Chicken or Italian Sub	12 B: French Toast or Cereal w/ Toast L: Quesadillas or Chicken Fajita	13 B: Hot Oatmeal or Cereal w/ Toast L: Philly Cheesesteak or Beefy Mac	14 B: Waffle Stacker or Cereal w/ Toast L: Waffle-N-Chicken Strips or PB&J	15 B: Yogurt Parfait or Cereal w/ Toast L: Pizza or Turkey Sandwich
18 B: Muffin or Cereal L: Chicken Alfredo or Meatball Sandwich	19 B: French Toast Sticks or Cereal L: Beefy Nachos or Soft Taco	20 B: Cinnamon Roll or Cereal w/ Toast L: Holiday Meal	21 B: Western Omelet or Cereal L: Country Fried Steak or Mac-N-Cheese	22 B: Maple Bites or Cereal L: Chicken Nuggets or Ham Sandwich
25 B: Pancakes or Cereal w/ Toast L: Pizza Rippers or French Dip	26 B: Banana Bread or Cereal w/ Toast L: Chili w/ Fritos or Walking Taco	27 NO SCHOOL	28 NO SCHOOL 	29 NO SCHOOL

*Salad bar, fresh fruit, and milk offered daily. *Menu items subject to change.



USDA is an equal opportunity provider



Food Drive

It's that time of year again Griffins! Get ready for our annual Athlos Academy Food Drive in a rally between grades to donate the most canned and dried food items for the Utah Food Bank. Please send your student in with canned or boxed dried goods such as peanut butter, mac & cheese, chili, canned fruits, canned vegetables, and other boxed meals.

Athlos Academy Food Drive will begin Monday, December 2, and will go until Friday, December 13. That means we have two weeks to rally as much food as possible, Griffins! This is a wonderful opportunity for both you, your student, and our school to support our community this holiday season.

Message from PTO:

A BIG THANK YOU...

to our amazing and committed parents from PTO making the Winter Boutique a huge success. There were a plethora of beautiful baskets filled with goodies for all to enjoy.

Many baskets contained homemade projects and loads of creativity all created by our contributing parents. The accumulation of these baskets raised over \$6500.00 for our school and we are beyond grateful for all the effort put into this grand event. Thank you to the food trucks Jurassic Tacos and Waffle Love and all of the community vendors that came to sell their amazing handmade items as well.



Athlos Student Featured on Shark Tank

Our very own Cooper McOmber from 5th grade will be on "Shark Tank" with his dad and Santa on December 1 at 8 p.m. MST on ABC. Tune in to support Cooper and his dad highlight their, company Beardaments. Beardaments offers light-up beard ornaments, beard glitter kits, and fun beard-related accessories to help everyone season up their beard for the holidays! Founded in 2015 in Salt Lake City, Utah, by a bearded guy who loves the holidays, Beardaments has decorated over 100,000 beards worldwide!



Black Friday and Winter Apparel Sale!

We are welcoming in the winter season, with temperatures dropping and frost building. At Athlos we love layering for the winter weather. It can get chilly for our students at recess or students walking home. If you are in need of Athlos winter gear for your child and yourself, than look out for our Black Friday Athlos sale for adult winter wear and another sale in December for youth uniforms!

The Black Friday sale begins on November 29 and features 50 percent off all adult apparel items. Please check our website and Facebook page in December for information on our Winter Sale, which will feature youth items.

We ask that your students please adhere to the Athlos Academy dress code during the winter season. Our dress code policy can be found on our website under policies at <https://www.athlosutah.org/about-athlos/policies-handbooks/>



Amazon Smile

Take care of your holiday shopping with Athlos Amazon Smile for a kick back! Support your school while holiday shopping!

If you go to org.amazon.com, hit register now, then type in Athlos Academy of Utah under organization name, you are able to support your school while shopping for the holidays. When purchasing on Amazon.com, part of the cost of your purchase will be donated to Athlos Academy as an added bonus at no cost to you.

Thank you for your generous support toward Athlos Academy!