



# GRIFFIN CHRONICLE

## UPCOMING EVENTS

### DECEMBER 20

Holiday Class Parties

### DECEMBER 23-JANUARY 3

Winter Break

### DECEMBER 30

Intent to Return Forms Sent to Current Families

### JANUARY 13

Intent to Return Forms Due



## MESSAGE FROM THE DIRECTOR

the upcoming school year, and having an accurate count of who will be returning helps us plan the best possible new school year for our students. These forms are due by January 13, 2020.

Again, enjoy the winter break, and I look forward to seeing you all in the new year!

Sincerely,  
Mandy Kartchner

Dear Athlos families,  
Welcome to winter break! Thank you to our students for working hard each day up to the break. We hope you all enjoy time with your families and friends over the holidays.

The new year is a great time to start new habits as a family, and we always encourage reading with your child each day.

We will be sending Intent to Return forms to families via email on December 30. Please take some time to fill out this form to let us know if your child/children will be returning in the 2020-2021 school year. The new year is the time our school leadership team begins planning for

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# Staff Spotlight

## Heather Whitmore

Substitute Teacher

Hello Athlos friends and family,

My name is Heather Whitmore, known to the students as Mrs. Whitmore. I have had the honor, privilege, and pleasure of teaching as a substitute with Athlos for a couple months. I have been going to school to become an elementary and special education teacher in hopes to have a career where I can make the learning experience fun and memorable. I love being able to see the smiles and excitement on the faces of the Athlos kids. They make work something I look forward to. I also enjoy reading, working on crafts, and spending time with my kids. Working

in a school that strives to show the characters traits in the everyday life, makes it is hard to pick just one. I think the most I strive for would be integrity. I feel it is what is important when trying to be an example to those around you. As an educator, I felt it is important to set that daily example. I want to finish this by saying thank you for sharing your amazing kids with Athlos! And finally, my favorite quote, "I think the most beautiful sound is a child laughing."

-David Thewlis



## Winter Break Reminder

In case you haven't heard it is the holiday break and school is out! School will continue in 2020 on Monday, January 6. In the meantime, enjoy the holiday, time with family and friends, and let's continue to read and stay active this holiday season.



## Stay Active This Winter Break!

At Athlos Academy, your students are on the move constantly. As a part of our curriculum, students participate in a movement break every 15-20 minutes during their class period in order to encourage our Healthy Body pillar and allow the students to focus on the task at hand. We hope to inspire your students to stay active and moving throughout the winter break! There are many great ways to achieve this including sledding, skating at the Herriman Ice Rink, taking a walk through your neighborhood, or simply playing out in the snow. Children from 6-17 years old should participate in 60 or more minutes of physical activity per day according to the Department of Health and Human Services, so Griffins, let's advocate a healthy body this winter break and stay active!

ATHLOS ACADEMY OF UTAH

# WINTER CONCERT THANK YOU



A big thanks to our wonderful Ms. Buhler for all her hard work, time, and effort put toward the annual winter concert. Ms. Buhler is a dedicated teacher and our students enjoy learning from her and look forward to performing in the winter concert every year.

We would also like to thank all the parents, families, and friends for attending the winter concert! Your support and contribution is appreciated.

# Christmas shop under Athlos Amazon Smile for a kick back!

## SUPPORT YOUR SCHOOL WHILE HOLIDAY SHOPPING!

If you go to [org.amazon.com](https://org.amazon.com), hit register now, then type in Athlos Academy of Utah under organization name, you are able to support your school while shopping for the holidays. When purchasing on Amazon.com, part of the cost of your purchase will be donated to Athlos Academy as an added bonus at no cost to you.

Thank you for your generous support toward Athlos Academy.



# Athlos Academy Food Drive Results



## THE FINAL RESULTS FOR OUR ANNUAL FOOD DRIVE ARE IN!

First place was fourth-grade at **845 items!**

Shout-out to Kindergarten and third-grade for each donating just over 500 items each.

The winning class was Mr. Gunn's fourth-grade class at 532 items. Shout out to Ms. Lyon, Ms. Bowen, and Ms. Martin's classes for each donating over 175 food items.

Thank you to everyone who contributed to the food drive benefiting Utah Food Bank. Together, we totaled 3552 items and weighed in at 2932 lbs.!

We'd like to give a shout out to all the volunteers and student leaders for their hard work counting and sorting the donations every day.