



GRIFFIN CHRONICLE

UPCOMING EVENTS

JANUARY 20

No School

JANUARY 21

No School– Teacher Professional Development

JANUARY 22

Lottery for School Year 2020-2021

JANUARY 27

Girls Basketball Home Game

JANUARY 29

Girls Basketball Home Game



MESSAGE FROM THE DIRECTOR

check your email and complete the form at your earliest convenience. We sincerely hope you all choose Athlos again next year, and are excited as we plan for an excellent 2020-2021 school year! Again, welcome back, and Happy New Year!

Sincerely,
Mandy Kartchner

Dear Athlos families,

Happy New Year from all of us at Athlos! We hope you all enjoyed time with your families and friends, and are as excited to jump into the new year as we are.

Over the break, our Intent to Return forms were sent via email and text message to all current families of students in kindergarten through seventh-grade. These forms help us as we plan for the upcoming school year. Forms were due on January 13. We still have a number of outstanding responses. If you have not had a chance to fill out your form, please

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Staff Spotlight

MCKAY JONES

7TH/8TH SOCIAL STUDIES TEACHER



My name is McKay Jones and I've taught social studies at Athlos since August of last year. Here is a little bit about me. For hobbies, I like to surf, ride motorcycles, and read. But mostly, I stare at my 5-month-old son and figure out how I made something that cute. (I know the answer, it was my wife that did all the work).

Something interesting about me is that when I was 14, I was shot with a shotgun while hunting and I still have three BB's left in my arm, cheek, and stomach.

I love my position here at Athlos for a few reasons. First, I love that I

get to watch kids grapple with really big questions about morality and utility and how a country/state/life should be governed. And second, it is just so fun to teach lessons about Performance Character traits using the men and women who made history!

My favorite Performance Character trait is humility. If you constantly remind others of how courageous or creative you are, a beautiful trait becomes loathsome. Letting actions speak for themselves is the icing on the cake that makes all other traits even better!



Chick-fil-A Spirit Night

Thank you all for supporting our Chick-fil-A SPIRIT night! There is no better excuse to enjoy some Chick-fil-A with your family. This event was a huge success, so much so that we were worried Chick-fil-A would run out of chicken. There was a generous percentage of sales donated to Athlos Academy. The Griffin flock thanks you for your support and spirit.

Lost & Found Announcement


We have an overflow of clothing, games, glasses, and lunch boxes missing a home. If your student is missing any of these, please come sort through the lost and found in the big brown bin north of the front desk. Unclaimed lost and found items will be donated to a local charity Friday, January 31, after the front office closes. Thank you for your support and cooperation.



LET'S GO GRIFFIN GIRLS!

Athlos Griffins are excited to soar into the upcoming girls basketball season. Our girls at Athlos Academy are working out and learning all the best dribbles and shots with coach Grundhauser. Come support our girls at their first home game on Monday, January 27, at 4:30 p.m.

Athlos is excited to be able to offer girls athletic activities and high intensity sports. Sports offer a multitude of benefits for girls including better self-reported health, higher self-esteem, lower rates of depression, and reduced risk of disease. Girls involved in sports also learn valuable lessons on teamwork, achievement-oriented behaviors, and pursuing their goals. These skills are necessary for success in future education and are vital in the workplace. Sports are not only for getting in shape and having fun with friends, but can help with all aspects of life including mental health, sleep, and overall confidence to seize all of life's opportunities. Let's go Griffin girls!

Student Meal Prices		Student Drink Prices		ATHLOS ACADEMY OF UTAH JANUARY MENU							
Breakfast: \$1.60 Reduced Breakfast: 30¢ Lunch: \$2.60 Reduced Lunch: 40¢		Milk: 30¢ Juice: 30¢ Water: 30¢		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
		1	NO SCHOOL	2	NO SCHOOL	3	NO SCHOOL				
		6	B: Muffin or Cereal w/ Toast L: Orange Chicken or Italian Sub	7	B: French Toast Sticks or Cereal w/ Toast L: Quesadilla or Chicken Fajita	8	B: Cinnamon Roll or Cereal w/ Toast L: Philly Cheese Steak Sandwich or Beefy Mac	9	B: Western Omelet or Cereal w/ Toast L: Waffle N Chicken Strips or PB&J	10	B: Bagel w/ Hard Boiled Egg or Cereal w/ Toast L: Pizza or Turkey Sandwich
		13	B: Pancakes or Cereal w/ Toast L: Chicken Alfredo or Meatball Sub	14	B: Zucchini Bread or Cereal w/ Toast L: Beefy Nachos or Soft Flour Taco	15	B: Breakfast Burrito or Cereal w/ Toast L: Chicken Patty or Chef Salad	16	B: Croissant Sandwich or Cereal w/ Toast L: Country Fried Steak or Mac N Cheese	17	B: Breakfast Comdog or Cereal w/ Toast L: Chicken Nuggets or Turkey Sandwich
		20	NO SCHOOL	21	NO SCHOOL	22	B: Hot Oatmeal or Cereal w/ Toast L: Pizza Rippers or Chicken Wrap	23	B: Waffle Stacker or Cereal w/ Toast L: Broccoli Cheese Soup or PB&J	24	B: Yogurt Parfait or Cereal w/ Toast L: Corndog w/ Tater Puffs or Turkey Sandwich
		27	B: Muffin or Cereal w/ Toast L: Orange Chicken or French Dip Sanwich	28	B: French Toast Sticks or Cereal L: Chili Fritos or Navajo Taco	29	B: Cinnamon Roll or Cereal L: Grilled Cheese w Soup or Caesar Salad	30	B: Western Omelet or Cereal L: Waffle Stacker or Breakfast Pizza	31	B: Bagel w/ Hard Boiled Egg or Cereal L: Hot Dog w/ Chips or Turkey Sandwich

*Salad bar, fresh fruit, and milk offered daily. *Menu items subject to change.



USDA is an equal opportunity provider



Lunch Account Reminder

Parents, please pay close attention to your children's lunch accounts. We are having a lot of students with a negative balance. If you need help with breakfast and lunch meals, please fill out a Free & Reduced form to see if you qualify. You can fill this out at any time throughout the school year. The forms can be located on our website or at our front office. Thanks for your support with our lunch program.

<h1>JANUARY</h1> at the County Library <h1>Herriman</h1>					
10 am-9 pm Monday-Thursday 10 am-6 pm Friday-Saturday					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 HOLIDAY CLOSURE	2 Teen Unbooked Club - all month - Savage Worlds® 6-8:45 pm	3 	4 
6 Storytimes (See below for times)	7 Storytimes (See below for times)	8 Storytimes (See below for times)	9 Storytimes (See below for times) Teen Scene 4-5 pm Savage Worlds® 6-8:45 pm Parenting Love & Logic 6:30-8:30 pm	10 Storytimes (See below for times)	11 Art Exploration For Families 2:30-3:30 pm
13 Storytimes (See below for times)	14 Storytimes (See below for times) Marvelous Makers 4:30-5:30 pm	15 Storytimes (See below for times) Discovery Hour 4-5 pm Worsted Wednesday - Knitting Club - 6-8 pm	16 Storytimes (See below for times) Ballet Class 10:30-11 am Savage Worlds® 6-8:45 pm Parenting Love & Logic 6:30-8:30 pm	17 Storytimes (See below for times)	18 Art Exploration For Adults - Paint Along - 3-5 pm
20 HOLIDAY CLOSURE 	21 Storytimes (See below for times) - All Week - Snowflake Scavenger Hunt	22 Storytimes (See below for times)	23 Storytimes (See below for times) Teen Scene 4-5 pm Savage Worlds® 6-8:45 pm Parenting Love & Logic 6:30-8:30 pm	24 Storytimes (See below for times) LEGO® Play 2:30-3:30 pm	25 
27 Storytimes (See below for times)	28 Storytimes (See below for times) Marvelous Makers 4:30-5:30 pm	29 Storytimes (See below for times)	30 Storytimes (See below for times) Savage Worlds® 6-8:45 pm Parenting Love & Logic 6:30-8:30 pm	31 Storytimes (See below for times)	
Storytimes					
Toddler Time 10:10 - 10:40 10:50 - 11:20 11:30 - 12:00 Pajama 7:00 - 7:45	Alphabettors 10:30 - 11:15 11:30 - 12:15	Toddler Time 10:10 - 10:40 10:50 - 11:20 Alphabettors 11:45 - 12:30	Alphabettors 1:30 - 2:15	Baby & Me Playtime January 10 & 24 10-Noon Baby & Me Storytime January 17 & 31 10:10-10:40 am 11:30 am-Noon	
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

Herriman Library has some exciting activities for your students to dive into reading and learning. At Athlos, we encourage parents and students to take time to read together and participate in literate activities. Herriman library offers various story times and discovery hours for you and your children to enjoy. There are even activities for adults to participate in at the library such as paint along opportunities and art exploration. To the left is a calendar of all the learning opportunities that Herriman Library provides during the month of January.



Coaches Reminder

The coaches want to remind everyone about how grading works in athletic movement. We've designed our assessment protocols to accurately take a snapshot of where each student is at in their skill development as well as how they can improve. We do this by having a 3-tiered rubric for every skill. This allows students who have more experience and competence in a particular skill to be assessed at a higher standard while at the same time enabling those that may currently have a more difficult time performing that skill to be assessed

on a level that best fits their needs. The flexibility of the 3 "steps" allows the coaches to provide helpful, accurate feedback across a wide range of skill competencies. So be sure to check what step your child is being assessed on for each skill! Every skill is independent of the others and should be considered in isolation. Rather than looking for one overall grade for athletic movement, you should look at each skill on its own. As always, if you have any questions, please reach out to your child's coach!

PTO Nomination Form

Time flies when you are having fun and we must be having lots of fun because it's already that time of year to start thinking about next school year. You've filled out your Intent to Return form and now you can start thinking about what comes next. It is time to start filling out your Parent Teacher Organization (PTO) Nomination Forms for positions on next year's board. We would love to have you join the PTO Board for next year and every position is important to the success of the PTO and the support it is able to provide for the school. We would love a full, diverse board willing to bring creativity and unique perspectives to our board. Nomination Forms and Board Position Descriptions are available on the school website by clicking on Parent Resources and then PTO, or in the front office. Forms need to be turned in to the front office or e-mailed to AAUTPTO@gmail.com by March 13, 2020. That gives you plenty of time to read through, ask questions, talk to a current board member, and get the form turned in.



Box Tops Collection

We will be collecting Box Tops from February 1 to 14. You can get them ready by making sure they are not expired and nicely cut around the edges. You can also help by downloading the Box Tops app on your smart phone or tablet to scan your receipts for Box Tops directly on the app. Thank you for your participation in this important program that gives back to schools!