ATHLOS P.B.I.S. AT HOME

Behavior	Morning Routine	Chore Time	Homework Time	Bed Time	Meal Time	Relax Time
Be Respectful	Having a positive attitude to start the day	Doing chores correctly	Not bothering siblings when they have homework too	Being quiet when others have already gone to bed	Listening to others	Asking before you borrow
Be Responsible	Brushing your teeth and hair in the morning	Finishing your chores on time	Keeping track of your assignments	Knowing when bed time is	Clearing your plate when you are finished eating	Playing quietly
Be Ready	Have your clothes and backpack ready to go	Knowing when you need to do your chores	Remembering to bring your homework home	Putting on pajamas and brushing teeth before bed	Washing your hands before each meal	Doing your chores and homework before relaxing
Be Helpful	Making your bed after you wake up	Cleaning up after yourself	Doing as much of your homework as you can without asking for help	Being in bed on time	Helping set the table for dinner	Offering to share your toys and cleaning up after yourself