



# GRIFFIN CHRONICLE

## IN THIS EDITION

- PAGE 1** Message from the Director
- PAGE 2** We Miss You, Spring Photos & Yearbook Update
- PAGE 3** Tuck In Tuesday & Pick Up Information
- PAGE 4** Staying Active at Home & Distance Learning Link



## MESSAGE FROM THE DIRECTOR

Dear Athlos families and students, Our teachers and staff miss seeing you all in our school, but we are so appreciative for technology so we can visit with you virtually during our Zoom lessons. We appreciate all of your support and hard work in assuring students are still accessing lessons and learning during this time.

We understand that this move to distance learning can be challenging, and want to encourage you to remember that not every day will go as planned, and that's okay. As long as we are all doing our best and supporting one another, that's enough. Thank you for your patience and optimism!

With the announcement of our school closure through the end of the academic year, we are looking for new and creative ways to continue to build community and support one another. Staying connected virtually during this time is so important to our teachers, staff, and students. We love to hear your ideas about staying connected. Feel free to send ideas my way!

You can also check out a resource our school counselors have put together called the Soothe Center. This is a webpage on our website that is a collection of resources to support students and families during this time, and can be found at <https://www.athlosutah.org/soothe-center/>.

Again, thank you for all of your support, and we miss you all!

Sincerely,  
Mandy Kartchner

# SPRING PHOTOS!

We are hoping to receive spring photos soon but have unfortunately been met with a delay due to COVID-19. We will have more information and updates to you as soon as possible. Thank you.



## WE MISS YOU

We miss our students! At our all staff Zoom meetings we frequently discuss how appreciative we are of our students' energy, positivity, and brilliance. We are saddened by the news that we will not see our students until next fall. In the meantime our teachers and staff are working to improve and create the best learning experience for students. We thank you for your flexibility and kindness throughout this season.



## Yearbook Update

Due to the absence of our students in various resources we will not be able to provide a Griffin yearbook this year. We are looking forward to being able to provide one next year and seeing our students this fall.





## TUNE IN TO TUCK IN TUESDAYS!

Join us every Tuesday for an adventure into another world, another story, another TUCK IN TUESDAY. Every Tuesday our staff have been reading equally charming and hilarious books. Watch our administrators and teachers read their favorite bedtime stories virtually. You may see your teacher's own children and pets popping in to help them read! So hop under the covers, grab your favorite stuffed animal, and tune in on Facebook and Instagram every Tuesday evening.

---

## ITEM PICK UP SCHEDULE AND INFORMATION

Dear Athlos families,

With the announcement of the school closure through the end of the academic year, many of you have expressed concern about picking up your students' items that were left in the school.

Student belonging pickup will take place next week from Tuesday through Friday from 9 a.m. to 11 a.m. Parents should enter Driveline and proceed to the north side of the building. Athlos Academy staff will come to your car window, take your student's last name, go into the school, and bring out your student's items.

These items will be in bags prepared by your child's teacher. You will be assigned a day based on the first letter of your child's last name. Please note that there could potentially be a wait time associated with picking up your items and plan accordingly. Items will not be available any other time than from 9 a.m. to 11 a.m. on your assigned day.

**The schedule will be as follows:**

Tuesday, April 21, 2020: Pickup for A-G

---

Wednesday, April 22, 2020: Pickup for H-M

---

Thursday, April 23, 2020: Pickup for N-T

---

Friday, April 24, 2020: Pickup for U-Z

If you have any questions, please contact the front office at (801) 438-4619.

Thank you.

# STAY ACTIVE AT HOME

## PRACTICE THE HEALTHY BODY PILLAR

Here are a few active games to practice at home with your students. Watch out for our coaches athletic movement videos as well.



### Rock, Paper, Scissors, Exercise

Play a game of rock, paper, scissors (RPS). The winner gives the loser one exercise to do 5 times.

Play a game of RPS. The loser instantly becomes the tagger and must chase the winner, trying to tag them.

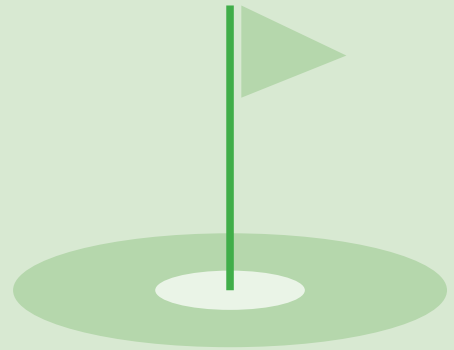
Assign an exercise to each combination of rock, paper, and/or scissors. Both partners do that exercise if that combo appears

Ex: Rock + Paper = jumping jacks. Rock + Rock = squats

### Foot Mini-Golf

Use household objects to create a mini-golf hole.

Use your foot as your putter and try to make the ball into the hole in the fewest number of shots.



## DISTANCE LEARNING LINK

If you have any questions regarding distance learning please [CLICK HERE](#).

This link provides various resources, student expectations, and frequently asked questions and answers.