



#### **MESSAGE FROM THE DIRECTOR**

Dear Athlos families,

We appreciate your support and partnership as we navigate the new school year through distance learning and on campus together. We are so excited to have our students back to learning and engaged in classrooms and online! Now that we've been back to learning for some time, we want to take another opportunity to collect feedback from you.

We rely on parent/guardian feedback as we strive to continually improve our educational offering to students and families. Please let us know how the school year is going for your children and family by taking either our distance learning or on campus survey.

- ► DISTANCE LEARNING FEEDBACK SURVEY
- ► ON CAMPUS FEEDBACK SURVEY

As always, thank you for your support and partnership as we navigate this new learning landscape together.

Sincerely, Mandy Kartchner Executive Director

IN THIS EDITION							
PAGE 1	Message from the Director	PAGE 5	Hearing Screening				
PAGE 2	Student Spotlights   Vision Screening	PAGE 6	Biannual Assessments on the Horizon   Uniform Policy Reminder				
PAGE 3	Run The Athlos Network   Picture Day	PAGE 7	Middle school fees   Lunch Change				
PAGE 4	Coach Event Photos   Athletic Performance Photos	PAGE 8	From the PTO				

#### STUDENT SPOTLIGHTS

#### **JUAN**

We are excited to welcome Juan to the Athlos family! He is a new student in fourth grade this school year. "I am exciting to start school with Athlos because it's my first school experience in Utah."

Juan's family chose Athlos because they received good comments about the school.



### ALYSSA & JENNA

Join us in welcoming Alyssa and Jenna to the Athlos family! Alyssa started sixth grade in August and Jenna started third grade. They are both excited to start school with Athlos because they want to meet new friends, wear comfortable uniforms, and have lots of choices.

Shylah, the girls' mom, said she chose Athlos because of the school's education model.

"I love the concept of the three pillars and am a huge believer in giving students the opportunity to move and learn simultaneously," she said.

#### **VISION SCREENING**

Due to Covid-19 we will **not** be offering vision screening on campus. Friends for Sight is offering free vision screening for our students. Information was sent via email. Contact us with questions.



#### **Healthy Body News**



Athlos Academies is inviting each of their schools to participate in a virtual "run" as a way to support the Healthy Body pillar. We mapped out the distance between each of the four Athlos Academy schools and it comes out to a whopping 4,800 miles! Each school in the Athlos network is competing to see who can "run" 4,800 miles as a group.

To reach our goal we can record miles with any type of movement: biking, hiking, running, swimming, etc. Everyone in the Athlos community is invited to participate! For example, if you have a family of 5 and you all go on a 4-mile bike ride, you would record 20 miles for our school. To submit your miles, send an email with the miles you recorded to social@ athlosacademies.org. Include a video or photo of your exercise to have it posted on the Athlos Academy social media pages! Let's see if we can compete with the other campuses!

#### PICTURE DAY

We are holding picture day for all students, both on-campus learners and distance learners, on September 29. Online learners will come to campus for photos after school hours. Distance learners can enter through the kindergarten doors on the north side of the building. To assure we follow proper social distancing, we are asking students with last names starting in A-M arrive between 3:30-4 p.m. and those with names starting in N-Z to arrive between 4-4:30 p.m.



#### Coach Event Photos

Students had a great time meeting esteemed Coach David Evans, the former head coach at both Wasatch Academy and Lone Peak High School. Coach Evans is known for leading both schools to the High School National Championships, as well as his playing and coaching career at BYU-Hawaii. Here's a look at our meet and greet event that took place on September 11.





#### **HEARING SCREENING**

Hearing screenings will be conducted the **week of October 5-9** for all students in grades one, three, five, and seven as well as far any student with a current IEP.

We will be taking all COVID-19 precautions and following safety procedures when completing hearing screenings. We will notify you if your child does not pass the hearing screening so that you may follow up with any concerns/recommendations.



## BIANNUAL ASSESSMENTS ON THE HORIZON



Each year in the fall and the spring the athletic performance coaches (APC's) perform a battery of nine assessments for students in grades 4-8. The goal of these assessments is to help students measure their progress as they continue to learn and grow as athletes. Also, measuring student growth allows us to continue to assess the effectiveness of our own athletic movement curriculum. Please encourage your students to give their best effort during assessment time!

#### **UNIFORM POLICY REMINDER**

## With cooler weather ahead we want to remind everyone of the uniform policy.

If a student is wearing a jacket or sweatshirt in the classroom it needs to be solid black with no prints or logos on it. We do have a number of donated Athlos jackets available. For those of you who would like to look through them, please call the front office and coordinate a time with the front office staff to do so.



#### MIDDLE SCHOOL FEES



#### **PAY FEES HERE**

If you have a middle schooler (7-8 grade) please make sure to pay your middle school fees of \$75 by Friday, September 25.

#### **LUNCH CHANGE**

We've had a change to our lunch menu for Monday, September 21. We will be serving Italian subs for lunch. See the updated lunch menu below.

Student Meal Prices Breakfast: \$1.60   Reduced B Lunch: \$2.60   Reduced Lunc		YIYIYIYIYIYIYI	ATHLOS ACADEMY OF UTAH  SEPTEMBER MENU	
MONDAY	TUESDAY  1 B: Waffle Bites L: Bean & Cheese Burritos	WEDNESDAY  2 B: Zucchini Bread L: Chef Salad	THURSDAY  3 B: Croissant Sandwich L: Chicken Nuggets	FRIDAY  4 B: Yogurt Parfait L: Hot Dog
7 NO SCHOOL LABOR DAY	B: French Toast Sticks L: PB&J Sandwich	9 B: Muffin L: Chicken Alfredo	B: Cereal L: Cheeseburger	B: Bagel L: Corndog
B: Mini Pancakes L: Orange Chicken	15 B: Cereal L: Quesadillas	16 B: Waffle Stacker L: Mac-N-Cheese	B: Cinnamon Roll L: Chicken Patty Sandwich	B: Breakfast Corndog L: PB&J Sandwich
B: Cereal L: Italian Subs	B: Waffle Bites L: Bean & Cheese Burritos	B: Zucchini Bread L: Chef Salad	B: Croissant Sandwich L: Chicken Nuggets	25 B: Yogurt Parfait L: Hot Dog
28 B: Banana Break L: Pizza Rippers	B: French Toast Sticks L: PB&J Sandwich	30 B: Muffin L: Chicken Alfredo		

<sup>\*</sup>Menu items subject to change.



USDA is an equal opportunity provider

### **Athlos Academy of**

# FAM

Fri. Sept. 25th 5-9p.m.





#### SKATING ADMISSION INCLUDED



(Rollerskate Rental \$2.00, Rollerblades & Scooters \$3.00)



OR just bring your own from home!



#### Sponsored by the PTO - Bring the Whole Family!!

To comply with the Salt Lake County mandate on masks, we are requiring all employees and customers wear masks unless breathing hard(exercising) or eating. Classic Fun Center is going above & beyond to keep our facility clean and sanitized. We have sanitation stations located at all of our activities. We use a sanitation misting system to spray our activities to keep them clean and our tables are socially distanced. Thank you for helping us slow the spread of COVID-19

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#### **★** AWESOME BONUS DISCOUNTS! ★



Add on any activity for only \$3.00 per activity per person (Bouncing -1 Hour, Jungle - 1 Hour, Blast Zone - 1 Hour, Laser Tag - 1 Game)

OR:

#### UNLIMITED ACTIVITIES Only...\$5.00 per person



MEAL DEAL: Pizza, Nachos, or Hot Dog + Small Drink Only \$3.00

