



GRIFFIN CHRONICLE



MESSAGE FROM THE DIRECTOR

Dear Parents,

Enrollment season is upon us! I am excited to see how many of you are returning for the 2021-22 school year. Athlos Academy gets better and better each year and I am happy to be able to continue to work with so many of you.

School-wide goals will continue to be focused on our three pillars: Prepared Mind, Healthy Body and Performance Character. The improvements I have seen in each area over the last two years have amazed me. I appreciate your continued work at home with your students in these areas. Enforcing what they are learning at school is critical to their success.

As a reminder, if you are returning to Athlos Academy next year, please remember to review your child's information in PowerSchool via PowerSchool Registration and make any updates necessary. I am looking forward to another fantastic year!

Sincerely,
Mandy Kartchner
Executive Director

IN THIS EDITION

PAGE 1 Message from the Director

PAGE 4 Meet the Team / Vacation Policy

PAGE 2 Driveline Safety / Girls Basketball

PAGE 5 Suicide Prevention Training for Parents

PAGE 3 The More You Know

PAGE 6 PTO



FOR A TUTORIAL
ON DRIVELINE
PROCEDURES
AND REVIEW OUR
SAFETY POLICIES

**CLICK
HERE**

TO VIEW
THE VIDEO

**CLICK
HERE**

As we continue through these winter months, please remember to take your time and follow the Driveline rules. Please remember to pull all the way through Driveline rather than stopping or parking in undesignated areas, please signal when pulling out and look for other cars and children. Student safety is our number one priority during drop-off and dismissal. Please review and follow the Driveline rules to assure all students are safe during these times.

All families who drive their students to school MUST use Driveline this year to accommodate our health regulations regarding drop off.



**WHAT WE'RE DOING IN
ATHLETIC MOVEMENT
NEXT MONTH**

K-1ST GRADE: Ape Crawling, Catching, Squatting, Carioca

2ND - 3RD GRADE: Lacrosse Passing and Receiving, Dribbling with a defender, Badminton and volleyball striking

4TH - 8TH GRADE: Basketball, Badminton, Handball, and Hockey

Girls basketball at Athlos started this month. We have three teams: a 7th and 8th grade team, and for the first time ever a 5th - 6th grade and 3rd - 4th grade team. The girls have been so excited about the season and they have already shown a lot of improvement!

Our focus with this basketball program is on teaching the fundamentals of basketball: dribbling, passing, shooting, defensive stance, and the rules of the game. To achieve this, we are playing intrasquad (against ourselves) games with our younger teams. This allows us to control the level of competition and stop the game throughout to explain rules or strategy. To find out more about our teams, contact Coach Price at dprice@athlosutah.org!

THE MORE YOU KNOW



COLDER TEMPERATURES ARE HERE.

Please dress your kids accordingly. They will be going out to recess as usual. We do still have some donated Athlos jackets available if your student needs one. Call the front office to see if there is a size available for your student.



LOST AND FOUND IS FULL AGAIN!

Please check lost and found for your child's clothing. Please call the front desk at (801) 438-4619 and we will let you in to check lost and found. Thank you!



SAVE THE DATE

ADVENTURES AT ATHLOS,
APRIL 14, 5:30-7:00 P.M. OUTDOOR
FUN FOR THE WHOLE FAMILY.



FAMILY ACTIVITIES

Family activities highlighting athletic movement and the Performance Character Traits. Prizes and refreshments. New families welcome and school tours will be available.

MEET THE TEAM:

DEANNA COLLINS

6TH GRADE TEACHER

Hi! My name is DeAnna Collins and this is my second year teaching 6th grade ELA at Athlos Academy. I started out as a long-term substitute here at the school and decided it was time to put my degree to use in the classroom.

I graduated from the University of Utah in 2018 with a degree in English education. Before coming over to Athlos, I worked for Real Salt Lake for almost three years. I love sports and working for a professional sports team provided many fun experiences and wonderful memories!

I love teaching 6th grade and building relationships with my students. As my students will tell you, some of my favorite things are Jazz basketball, Sodalicious and all things Disney! Frozen is my favorite movie and if you stop by my classroom, you will see just how true this is.

My favorite character trait is energy/zest. Life is meant to be enjoyed, not just endured. I truly believe that by finding ways to add zest into our everyday routines, we will learn to find the beauty in the ordinary!



FUN FACTS:



Winter is my favorite season. I love the cold and I love the snow!



I love going to live concerts. I've even been to the Billboard Music Awards!



I have one little puppy, Miles, who was named after Dallas Cowboy receiver Miles Austin.

VACATION POLICY

Spring break is March 29-April 2. There is also no school on Friday, March 26 for Teacher Professional Development.

Please schedule your family vacation during this time. We

want our students to benefit from as much classroom instruction as possible, especially before the spring testing begins.

If you are planning on taking

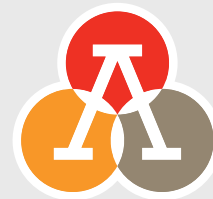
your student out of school for a family vacation and they will miss more than 4 days of school, you need to fill out a vacation form in the front office and it will need to be approved by admin.



Suicide Prevention Training for Parents



The suicide prevention training for Athlos' parents will take place on **Thursday, March 4th from 6:00-7:00pm via Zoom**. Free of charge thanks to a generous donor. The instructions to access the training are below. The presentation will also be recorded and available for parents to view for 1-2 weeks following the livestream.



Suicide is a real concern in Utah but how do you begin talking to your kids about it? How do you check in with them in a way that's safe and allows them to open up to you about thoughts of suicide? Join us as we look at suicide statistics, risk factors, preventative measures, and what you can do as a parent to help keep your child safe. There will be a

live Q&A at the end to address any questions parents may have.

Parents will need to submit their questions in advance using this form due to the number of parents planning to attend. Please submit any questions related to suicide, mental health, parenting, etc. using the Google Form below.



ATHLOS SUICIDE PREVENTION

Mar 4, 2021 6:00 PM Mountain Time
(US & Canada)

JOIN ZOOM MEETING ▶

Meeting ID: 839 5627 9025

Passcode: 221427

CLICK HERE TO
JOIN MEETING

<https://us02web.zoom.us/j/83956279025?pwd=SlZyTG9yUHgvTEdRdGZ2bXNBMDJiZz09>



ATHLOS SUICIDE PREVENTION Q&A

SUBMIT QUESTIONS FOR Q&A HERE

Google Forms

PTO



WELCOME TO OUR ANNUAL LIP SYNC BATTLE!

We will be doing a virtual contest this year, which means you can get even more creative with your singing and video skills. We will have several prizes such as best costumes, best dance moves, etc. So get your cameras and put your best video on our contest site that you can access [HERE!](#) Anyone that is involved in Athlos may enter, families, faculty, students, etc.

WHAT YOU NEED TO KNOW:

1. The video needs to be uploaded with a URL, the easiest way to do this is through Youtube by uploading your video to your private channel. If you need more assistance doing this please email aautpto@gmail.com.
2. Keep videos close to 2 min long.
3. No foul language, swearing, or inappropriate behavior.
4. We created a password for our safety and privacy: Password is **Griffins** (cap sensitive).

For questions please contact aautpto@gmail.com.

LOOK FORWARD TO ANOTHER AMAZING BATTLE WITH ATHLOS!

Submissions will run through March 14th

Voting will open March 15th-20th

Winners announced the week of March 22nd

If the site link above is not working use this link to access site:

[ACCESS HERE](#)



IF YOU ARE INTERESTED IN BEING A PART OF MAKING DECISIONS FOR OUR SCHOOL AND PLANNING FUN SCHOOL ACTIVITIES FOR OUR FAMILIES, PLEASE JOIN OUR PTO.

AAUTPTO@GMAIL OR CALL BONNIE 801-688-7481.