

The place to learn all about our upcoming events and find out what's new at Athlos





Parents, contact your child's teacher to see how you can assist in class. We are excited to welcome volunteers back to school this year!

VOLUNTEER FOR THE GRIFFIN GALLOP:

Students will be jogging or walking as many laps as they can during the Jog-a-thon. Parent, staff, and student volunteers will help tally how many laps each student completes. *Parents are encourage to volunteer for the event and walk and run with their children.*

click here to sign up and volunteer

SUBSTITUTES WANTED:

Looking for a job that does not require evenings or weekends and works with your child's school schedule? We pay up to \$112 per day for substitutes.

athlosacademies.applytojob.com/apply/m7eXDcaT2t/ Substitute-Teacher-AAU

OCTOBER DATES TO KNOW:

STEMBER 30 - PTO Fundraiser, Mod Pizza

OCTOBER 5 - Griffin Gallop Jog-a-thon

OCTOBER 11 - First Day of Warm Hearts Drive

OCTOBER 14 - PTO Meeting, 7:00 p.m.l

OCTOBER 15 - No School (Teacher Professional Development)

OCTOBER 18 - No School (Fall Break)

OCTOBER 19 - No School (Fall Break)

OCTOBER 20 - No School (Fall Break)

OCTOBER 21 - No School (Fall Break)

OCTOBER 27 - PTO Fundraiser, Fiiz

OCTOBER 29 - Last Day of Warm Hearts Drive

OCTOBER BREAKFAST/LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				B: Croissant Sandwich
				L: Hamburger Turkey Sandwich PB & J Sandwich
B: Mini Pancake	5	6		8
L: Baked Potato	B: Muffin	B: Cereal	B: Apple Cinnamon Texas Toast	B: Banana Bread
Turkey Sandwich PB & J Sandwich	L: Soft Taco Turkey Sandwich PB & J Sandwich	L: Fettuccine Alfredo Turkey Sandwich PB & J Sandwich	L: Pulled Pork Sandwich Turkey Sandwich PB & J Sandwich	L: Cheese Rippers Pepperoni Rippers
	12	13	14	15
B: Bagel	B: French Toast	B: Yogurt Parfait	B: Pancake on a stick	
L: Chicken and Waffles Turkey Sandwich PB & J Sandwich	L: Meatball Sub Turkey Sandwich PB & J Sandwich	L: Walking Taco Turkey Sandwich PB & J Sandwich	L: Quesadilla Turkey Sandwich PB & J Sandwich	No School
18	19	20	21	22
No School	No School	No School	No School	No School
25	26	27	28	29
B: Waffles	B: Pop Tart	B: Cereal	B: Mini Pancake	B: Pumpkin Bread
L: Soft Pretzel w/Chili Turkey Sandwich PB & J Sandwich	L: Hot Dog Turkey Sandwich PB & J Sandwich	L: Drumstick Dinner Turkey Sandwich PB & J Sandwich	L: Beefy Nacho Turkey Sandwich PB & J Sandwich	L: Cheese Pizza Pepperoni Pizza

- · Fruit and Veggies are Served with Every Meal
- Free Breakfast and Lunch for All Students
- · USDA is an Equal Opportunity Provider
- Menu items are subject to change

	Student Meal Prices:
Breakfast: \$1.60 Lunch: \$2.60	Reduced Breakfast: 30¢Reduced Lunch:40¢
	Student Drink Prices:
Milk: 30¢	Juice: 30¢ Water: 30¢



MESSAGE FROM OUR PRINCIPALS

We appreciate our students, staff and families so much! We want you to know that we are available anytime for questions, comments, concerns, or high-fives! Our contact information is below, and our doors are always open. Let's have a great fall at Athlos!

KRIS HATCH <u>khatch@athlosutah.org</u> SHYLAH POIRIER spoirier@athlosutah.org

KINDERGARTEN LUNCHES

Beginning October 4, all Kindergarten students in PM and Extended Day classes will receive a sack lunch to take home. The meals will alternate between PB&J and turkey sandwiches, along with fruit, snacks and other items. All meals for all students are free of charge due to the federal waiver.





PTO

We will be having a spirit day at FiiZ drinks in Herriman, 13308 S 5600 W on October 27. Come in anytime and just mention Athlos Academy for a 20% donation to us! And a big thank you to all our wonderful volunteers at picture day, vision screening, and the book fair!

WE ARE ALWAYS IN NEED OF VOLUNTEERS. PLEASE JOIN US!

See you at our meeting - Oct. 14 at 7:00 p.m.

HOW DRIVELINE WORKS:

Driveline is an app that helps keep students safe at dismissal. It allows for students to be released from class at the end of the day in a very organized manner.

HERE'S HOW IT WORKS:

1. Students will gather their materials at the end of the day and return to their seats.

2. Teachers will display the Driveline screen on the board at the front of the classroom.

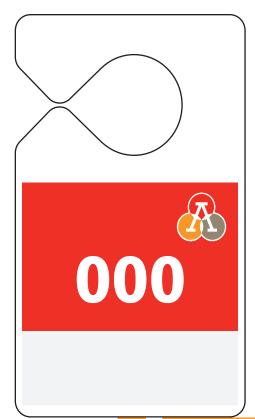
3. As cars pull in the pick up line, a number will be entered into the app.

4. Once a number has been entered into the app, the associated student's (or students') name will pop up in the classroom.

- This is the teacher's cue to release that student from class.

*Teachers will be stationed around the school to assist students in safely loading cars

Student Safety - Athlos Academy of Utah (athlosutah.org)



DRIVELINE SAFETY TIPS

Student safety is a *top priority* at our school, and we need your help to assure that the Driveline process is as safe as possible for students.

Please drive slowly on school property.

Parking is not permitted along the roads bordering the school.

Please do not stop at the front of the school or on the south side of the building, but pull all the way around the school up your students on the north side designated zone.

Children may only cross at designated crosswalks.

THANK YOU for your help!

4

Please be extra vigilant about checking around and behind you when backing out of parking stalls.



HOW ARE WE DOING?

NUTRITION, FRONT OFFICE & CUSTODIAL WANT YOUR FEEDBACK

This week families will receive a survey via text and email to help us improve the experience our families and staff have on campus. Your responses will help us improve decision making and processes on campus. There are three ways to take the survey:

- 1. This link: << <u>AthlosUtahSurvey>></u>
- 2. Text -look for the text sent this week
- 3. Email look for the email sent this week

PROBLEM-SOLVING & ANSWERING YOUR QUESTIONS

Throughout the school year it is common to have questions regarding your child or something related to the school. Occasionally a problem arises. Who do you go to?

The best source of the information is the person closest to the situation: start with that individual.



For classroom questions:

Contact your child's teacher via phone or email. Remember that they are focused on instruction during the school day and will answer emails/ phone after they are done teaching. For a directory, go here:

For school questions:

Contact the front office at (801)438-4619 Still can't get answers or need help resolving an issue? Contact the Assistant Principals, Shylah Poirier, Grades, K-4 or Kris Hatch, Grades 5-9.

If these methods fail to resolve an issue, parents have the right to follow the Communications and Grievance Policy Policies & Handbooks -<u>Policies & Handbooks.</u>

https://www.athlosutah.org/about-athlos/our-team/



CO-ED CROSS COUNTRY Boys' and Girls' Cross-Country practicing on the turf.

GIRLS' VOLLEYBALL Girls' Volleyball in action.

BOYS' BASKETBALL GRADES 6-9

Contact Coach Rojas if you are interested in playing boys' basketball this season! For updates, follow us @AthlosAcademyUtah on social!

WHAT'S A HUDDLE?

A huddle is an intentional gathering that helps students and staff build strong relationships through social emotional learning. Huddles are used in the classroom with teachers and students to provide opportunities for mental health checkin's and give students time for reflection.

The Performance Character Traits are used during huddles to help students succeed both in and out of school. Staff use huddles during team meetings to improve on their practices and better serve students and families.

Click to Learn More About Athlos Huddles



JOIN US FOR OUR TUCK-IN TUESDAYS!





Tune in Tuesday night for Tuck-in-Tuesday and for the next two weeks enjoy special selections celebrating Hispanic Heritage Month! At the end of each story you can also learn a few new words in Spanish with Mr. Hatch.

Watch Tuesdays at 7 pm or stream any time on Athlos Academy of Utah's <u>Youtube page</u>.

STUDENT SPOTLIGHT



Elizabeth loves Athlos and is always excited to attend school. She enjoys her teachers and classmates, playing soccer in recess, and appreciates the athletic program.

Outside of school, Elizabeth plays soccer for the USAA club. She enjoys playing with her dog Khloe. She also likes to sing while doing homework or chores. Elizabeth has grown through the Prepared Mind pillar as she continually seeks to understand complex issues. She is often curious about the why and how things happen. In the Healthy Body pillar, Elizabeth is always excited to move around and be active. Elizabeth's fun fact is that she can sing many songs in Spanish!

Click Here to Have Your Child Featured!

We will feature Student Spotlights throughout the school year with photos and first names on our website, social media and emails. If you would like to participate, please complete <u>this form</u> and email a photo of your child to <u>hcrocker@athlosacademies.org</u>.

Help us celebrate the reason we are all at Athlos - our Amazing Athlos students! Thank you for participating. Fundraiser for Intractance and ended of the second of the

> Thank you to everyone who donated to the Go Fund Me for Hurricane Ida and our sister school at Athlos Academy of Jefferson Parish! We appreciate you! Your support means a great deal to them.

STAFF HIGHLIGHT







Tuesday, October 5 WE ARE EXCITED ABOUT OUR 5 TH ANNUAL JOG-A-THON!

Athlos Academy 5th Annual

This event is our big fundraiser for the school year!

In the past, we have used the money to purchase equipment for athletic movement class, an AED, pedometers, etc. With the funds, we also hope to install sound panels in the gym and take students on field trips. Students will be jogging or walking as many laps as they can during their athletic movement time, which can be found in the table below. Parent, staff, and student volunteers will help tally how many laps each student completes.

Students are encouraged to find family, friends, or neighbors to "sponsor" them for this event (sponsors are not required, all students will participate). Water will be provided. Students may bring their own snacks (please no peanut products!)

grade 7, 8 & 9 8:30 - 9:15	grade 3/am kinder 9:20 -9:55	grade 4 10:20 - 11:05	grade 6 11:10 - 11:55	grade 5 12:00 - 12:45	ext/pm kinder 12:50 - 1:25	grade 2 1:45 - 2:20	grade 1 2:25 - 3:25		
	WHAT TO DO WITH DONATIONS/SPONSORSHIPS								
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	\checkmark				\downarrow	/			
studen this ple OR pc	t rate pledges are to nt in the included er edge sheet on the c aid online at the Pay //www.athlosutah.ou	ivelope, along with lay of the Jog-a-th ment Portal:	1	coac infor what	ap pledges need to hes after the Jog-a med how many lap total is due at a la ing your pledge sh	-thon. You will be s were completed ter date. You still	l and need		

GRIFFINS

PLEDGE SHEET

STUDENT'S NAME:	TEACHE	R:	LAPS: GRADE:		
Sponsor's Name	Amount Pledged Per Lap	Maximum Amount Pledged	Flate Rate Pledge	Total Due (Leave Blank)	Payment Made Online
Ex: Mom	\$2.00	\$20	N/A		
Ex: Aunt Mildred	N/A	N/A	\$10		Х



The "V" in SERVE stands for volunteerism. Volunteering not only provides students with an opportunity to give back to their communities, but it also teaches them about social and societal issues outside of what they may encounter within the walls of the classroom.

As a vital element of the Athlos model, students learn to intentionally build on Performance Character traits like integrity, humility, and grit. Volunteering provides a platform for Athlos students to exhibit these traits and become active and engaged community members.



OCTOBER 11 - OCTOBER 29

The Fourth Street Clinic helps Utahns experiencing homelessness improve their health and quality of life by providing high-quality health care and support services. The Fourth Street Clinic Warm Hearts Drive is accepting the following donations:





WHEN KIDS ARE COVERED, EVERYONE FEELS BETTER.

Raising children is hard. Keeping them healthy doesn't have to be. Too many of our kids are uninsured that can qualify for CHIP right now. You can apply at any time of the year. Get free and confidential help today by calling 2-1-1.

2021 MAXIMUM MONTHLY INCOME GUIDELINES							
HOUSEHOLD SIZE	PLAN B Up to 150% OF POVERTY LEVEL	PLAN C Up to 200% OF POVERTY LEVEL					
I	\$1,610	\$2,147					
2	\$2,178	\$2,904					
3	\$2,745	\$3,660					
4	\$3,3 3	\$4,417					
5	\$3,880	\$5,174					
6	\$4,448	\$5,930					
7	\$5,015	\$6,687					
8	\$5,583	\$7,444					
9	\$6,150	\$8,200					
10	\$6,718	\$8,957					

Working families can qualify.

CHIP Covers:

Dental Care Well-Child Exams Immunizations Doctor Visits Hospital and Emergency Care Prescriptions Hearing and Eye Exams Mental Health Services

To be connected with free help applying for CHIP, call Take Care Utah;





HEALTH

Participating Health Plans:

PREMIER ACCESS



VACATION/EDUCATIONAL LEAVE FORM

The state of Utah requires that parents/legal guardians excuse their students in advance for planned absences from school lasting more than four consecutive days, but not to exceed ten consecutive days. Your child's teacher and the Executive Director must be notified of the absence prior to leaving by completing this form.



Vacation/Educational Leave

The state of Utah requires that parents/legal guardians excuse their students in advance for planned absences from school lasting more than four (4) consecutive day, but not to exceed ten (10) consecutive days. Your child's teacher and the Executive Director must be notified of the absence prior to leaving by completing this form.

Student Name:	9
Student's Teacher:	

Absence Dates: ______ through ______

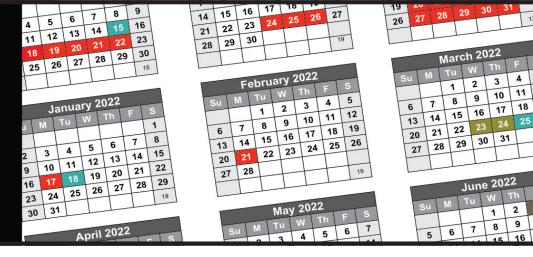
I understand that my child will be responsible to make up missing assignments while he/she is out. I understand that if the child's absence extends beyond ten (10) consecutive days, even with prior arrangement, he/she may be withdrawn from school at the Executive Director's discretion.

Parent Signature:	Date:	-
Teacher's Signature:	Date:	-
Executive Director's Signature:	Date:	

Please return this completed for to the school office prior to going on vacation.

vacation-form.pdf (athlosutah.org)

2021-22 official calendar





Athlos Academy of Utah 2021-2022 Calendar

July 2021							
Su	Μ	Tu	W	Th	F	s	
				1	2	3	
4	5	6	7	8	9	10	
11	12	13	14	15	16	17	
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25	26	27	28	29	30	31	

	October 2021							
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	January 2022							
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30	31					19		

	April 2022							
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17	18	19	20	21	22	23		
24	25	26	27	28	29	30		
						15		

August 2021							
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22	23	24	25	26	27	28	
29	30	31					
						11	

	November 2021						
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28	29	30					
						19	

February 2022						
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27	28					
						19

May 2022						
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29	30	31				
						21

September 2021						
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2

9

	December 2021					
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19	20	21	22	23	24	25
26	27	28	29	30	31	
						13

March 2022						
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13	14	15	16	17	18	19
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27	28	29	30	31		
						20

	June 2022					
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21	20	21	22	23	24	25
26	27	28	29	30		
						3

First day of school

No kindergarten school

First day of

No school -Teacher P.D.

No school conferences Last day of school



Athlos Academy of Utah 2021-2022 Calendar

Fall semester	08/17/2021 – 01/14/2022	Schedule (grades 1–8	Mon–Thu	8:05 AM-3:05 PM
Spring semester	01/19/2022 – 06/03/2022	and extended Kinder.)	Friday	8:05 AM-1:05 PM
Quarter 1	08/17/2021 - 10/15/2021	Schedule AM Kinder.	Mon–Thu	8:05 AM-11:05AM
Quarter 2	10/25/2021 – 01/14.2022		Friday	8:05 AM-10:05AM
Quarter 3	01/19/2022 - 03/24/2022	Schedule PM Kinder.	Mon–Thu	12:05PM – 3:05PM
Quarter 4	03/28/2022 – 06/03/2022		Friday	11:05AM – 1:05PM
Total school days / hours	174 / 1009hrs	Earliest Drop Off	Monday -	Friday 7:50AM

Athlos Academy of Utah 2021-2022 Calendar

First day of school	Tuesday, August 17	Grades 1-8
First day of kindergarten	Wednesday, August 25	Kindergarten
No school	Monday, September 6	Labor Day
No school	Thurs Sept 23 – Fri Sept 24	Conferences
No School	Friday, October 15	Teacher P.D.
No school	Monday Oct 18 – Friday Oct 22	Fall Break
No school	Wed, Nov 24 – Fri, Nov 26	Thanksgiving Break
No school	Monday, Dec 20 – Friday, Dec 31	Winter Break
No school	Monday, January 17	Martin Luther King Jr. Day
No school	Tuesday, January 18	Teacher P.D.
No school	Monday, February 21	Presidents Day
No school	Wed March 23 – Thurs March 24	Conferences
No school	Friday, March 25	Teacher P.D.
No school	Friday, April 15 – Friday, April 22	Spring Break
No school	Monday, May 30	Memorial Day
Last day of school	Friday, June 3	

