

Athlos Academy 5th Annual

GRIFFIN

GALLOP JOG-A-THON



Tuesday, October 5

WE ARE EXCITED ABOUT OUR 5 TH ANNUAL JOG-A-THON!

This event is our big fundraiser for the school year!

In the past, we have used the money to purchase equipment for athletic movement class, an AED, pedometers, etc. With the funds, we also hope to install sound panels in the gym and take students on field trips. Students will be jogging or walking as many laps as they can during their athletic movement time, which can be found in the table below. Parent, staff, and student volunteers will help tally how many laps each student completes.

Students are encouraged to find family, friends, or neighbors to “sponsor” them for this event (sponsors are not required, all students will participate). Water will be provided. Students may bring their own snacks (please no peanut products!)

GRADE 7, 8 & 9 8:30 - 9:15	GRADE 3/AM KINDER 9:20 - 9:55	GRADE 4 10:20 - 11:05	GRADE 6 11:10 - 11:55	GRADE 5 12:00 - 12:45	EXT/PM KINDER 12:50 - 1:25	GRADE 2 1:45 - 2:20	GRADE 1 2:25 - 3:25
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WHAT TO DO WITH DONATIONS/SPONSORSHIPS

My student has flate rate pledges, what do I do?



All flat rate pledges are to be sent with your student in the included envelope, along with this pledge sheet on the day of the Jog-a-thon OR paid online at the Payment Portal: <https://www.athlosutah.org/payments/>

My student has pledges per lap, what do I do?



Per lap pledges need to be calculated by the coaches after the Jog-a-thon. You will be informed how many laps were completed and what total is due at a later date. You still need to bring your pledge sheet to the Jog-a-thon.



SEE BACK FOR PLEDGE SHEET



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