

ATHLOS GRIFFINS CHRONICLE

The place to learn all about our upcoming events and find out what's new at Athlos



Middle School Yearbook Orders

Please order your copy of the yearbook no later than April 7, 2022. The cost is \$18.00 for a hard cover book created by the Middle School students.

You can order online at

purchaseyearbook.com

Prepay code **AthlosAcademyYB22**.

Books will be delivered at the end of May.



APRIL DATES TO KNOW:

APRIL 5 Governance Committee Meeting
7:00 P.M. - 8:00 P.M.

APRIL 8 Honor Roll & Perfect Attendance Ceremonies
10 A.M. - 1 P.M.

*New Executive Director Meet & Greet
After Attendance Ceremonies*

APRIL 14 Pillars Committee Meeting
9:00 A.M. - 10:00 A.M.

APRIL 15 Spring Break Bgins

APRIL 28 Finance Committee Meeting
3:30 P.M. - 4:30 P.M.

APRIL 29 PTO Carnival

MAY 10 Spring Music Concerts

MAY 20 Kindergarten Graduation



APRIL LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 B: Cinnamon Bites L: Hamburger Turkey Sandwich PB & J Sandwich
4 B: French Toast L: Pulled Pork Ham Sandwich PB & J Sandwich	5 B: Breakfast Burrito L: Baked Potato Ham Sandwich PB & J Sandwich	6 B: Muffin L: Chicken Alfredo Ham Sandwich PB & J Sandwich	7 B: Yogurt Parfait L: Soft Taco Ham Sandwich PB & J Sandwich	8 B: Croissant Sandwich L: Cheese Rippers Pepperoni Rippers
11 B: Pancake L: Cheesy Breadstick Turkey Sandwich PB & J Sandwich	12 B: Cereal L: Chicken and Waffles Turkey Sandwich PB & J Sandwich	13 B: Dutch Waffle L: Taquitos Turkey Sandwich PB & J Sandwich	14 B: WG Goody Ring L: Popcorn Chicken Turkey Sandwich PB & J Sandwich	15 No School
18 No School	19 No School	20 No School	21 No School	22 No School
25 B: Poptart L: Chicken Sandwich Ham Sandwich PB & J Sandwich	26 B: Waffle Stackers L: Beefy Nacho Ham Sandwich PB & J Sandwich	27 B: Breakfast Corndog L: Orange Chicken Ham Sandwich PB & J Sandwich	28 B: Muffin L: Grilled Cheese Sandwich Ham Sandwich PB & J Sandwich	29 B: Texas Toast L: Cheese Pizza Pepperonie Pizza

- Fruit and Veggies are Served with Every Meal
- Free Breakfast and Lunch for All Students
- USDA is an Equal Opportunity Provider
- Menu items are subject to change

Student Meal Prices:

Breakfast: \$1.60 | **Reduced Breakfast: 30¢**
Lunch: \$2.60 | **Reduced Lunch: 40¢**

Student Drink Prices:

Milk: 30¢ | **Juice: 30¢** | **Water: 30¢**

SCHOOL NEWS



 Athlos Academy
UTAH

**OPEN FOR
ENROLLMENT!**

2022-2023 School Year
GRADES K-9



OPEN ENROLLMENT SPREAD THE WORD!

If you know of a new family who would be interested in Athlos Academy, please fill out this form and we will contact them for upcoming enrollment events. [Spread the Word: Refer a Friend or Family to Athlos Academy of Utah! \(office.com\)](#)

[Apply - Athlos Academy of Utah \(athlosutah.org\)](#)

Stay informed with Athlos Academy!

 **INSTAGRAM**

 **TWITTER**

 **FACEBOOK**



State Testing Begins

We are getting down to the end of the year. It is important for students to attend classes and do their best. State testing will begin on April 12 and continue through May 12. Check the schedule below for your student's specific test dates. Final exams will be the last week of May for middle school students.

Please make sure students get plenty of rest and have a healthy breakfast on test days. Let's do our best and finish strong.

Please see next page for full assembly and testing schedule.

STATE TESTING

April 12 – May 12

3 Grade

April 25 (4/25) **RISE ASSEMBLY**
2:00-2:30 p.m.

May 2 (5/2) to May 12 (5/12) **RISE TEST DATES**

4 Grade

April 25th (4/25) **RISE ASSEMBLY**
2:00-2:30 p.m.

April 28 (4/28) to April 29 (4/29) **RISE TEST DATES**

May 4 (5/4) to May 5 (5/5) **RISE TEST DATES**

May 11 (5/11) to May 12 (5/12) **RISE TEST DATES**

5 Grade

April 12th (4/12) **RISE TESTING**
writing

April 25th (4/25) **RISE ASSEMBLY**
2:30-3:00 p.m.

April 26 (4/26) **RISE TEST DATES**

May 2 (5/2) **RISE TEST DATES**

May 9 (5/9) **RISE TEST DATES**

6 Grade

April 25th (4/25) **RISE ASSEMBLY**
2:30-3:00 p.m.

April 26 (4/26) **RISE TEST DATES**

May 2 (5/2) **RISE TEST DATES**

May 9 (5/9) **RISE TEST DATES**

7 Grade

April 25th (4/25) **RISE ASSEMBLY**
8:10-8:40 a.m.

April 27 (4/27) **RISE TEST DATES**

May 3 (5/3) **RISE TEST DATES**

May 10 (5/10) **RISE TEST DATES**

8 Grade

April 12th (4/12) **RISE TESTING**
writing

April 25th (4/25) **RISE ASSEMBLY**
8:10-8:40 a.m.

April 27 (4/27) **RISE TEST DATES**

May 3 (5/3) **RISE TEST DATES**

May 10 (5/10) **RISE TEST DATES**

9 Grade

April 12 (4/12) **ASPIRE TESTING**
ELA

April 25th (4/25) **RISE ASSEMBLY**
8:10-8:40 a.m.

April 27 (4/27) **RISE TEST DATES**

May 3 (5/3) **RISE TEST DATES**

May 10 (5/10) **RISE TEST DATES**



Athlos Academy
UTAH

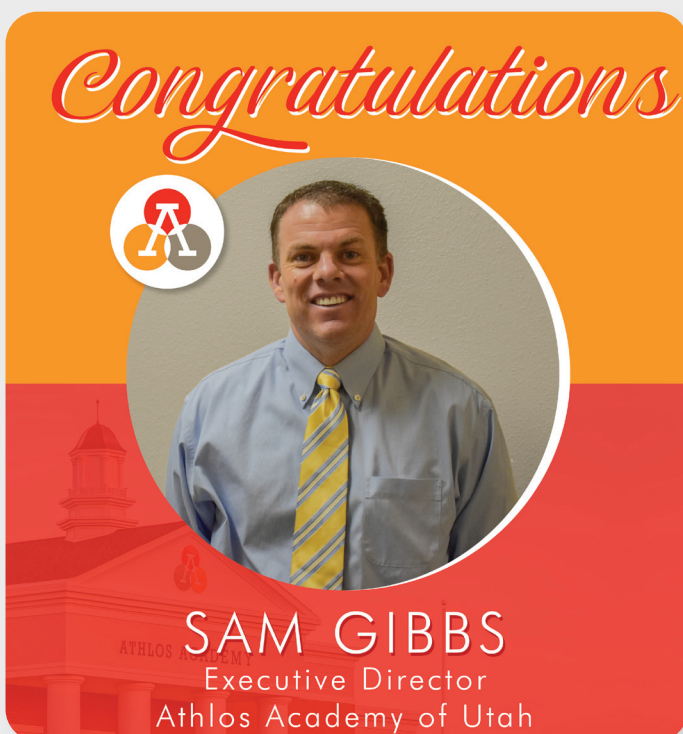
A Warm Welcome to Our New Executive Director

Athlos Academy of Utah is excited to announce our new Executive Director, Mr. Samuel Gibbs. Mr. Gibbs comes to AAU with a wealth of knowledge and 17 years of educational leadership experience. With a BA in secondary teaching from Brigham Young University and a MA in educational leadership from University of Cincinnati, Mr. Gibbs considers himself to be a lifelong learner. He was honored in 2017 as Utah's Administrator of the Year and has served turnaround schools in both Ohio and Utah. Mr. Gibbs comes to us with a portfolio of notable success and a career that has been filled with helping push the bar of educational excellence for students, educators, families and school communities. Fun fact, he also speaks and writes in multiple languages including Spanish! We are elated as we welcome Mr. Gibbs to our school community.

Mr. Gibbs looks forward to working parents, students, and staff in helping Athlos achieve its mission and provide outstanding educational experiences for all. He welcomes your feedback and your communication and is committed to excellence in every way. Mr. Gibbs is the proud father of three teenage children, two boys and a girl. He recognizes the trust placed in schools to educate children and takes that responsibility very seriously. He is thrilled to be a part of Athlos.

"I am thrilled to be joining Athlos and a team of such committed and caring educators. I hope to be able to support them and contribute to the wonderful work they do." Mr. Gibbs

For more on Mr. Gibbs, please see LinkedIn:
<https://www.linkedin.com/in/samuel-gibbs-0ba1b5108>



Come Say Hello!

Sam Gibbs, Athlos Academy of Utah's new Executive Director, will be in attendance during and after the Honor Roll and Perfect Attendance Celebration on Friday, April 8. Please introduce yourselves in between the ceremonies or come afterwards from 1-2 p.m. for an informal Meet & Greet with families. Mr. Gibbs plans to be at all upcoming school events, as he has already started getting to know staff, students, and families.



YOU'RE INVITED

Honor Roll & Perfect Attendance **CELEBRATION**

Due to an exemplar Marking Period 3, your child is invited to the Honor Roll Celebration. We will be presenting certificates in intervals to all students that qualify for honor roll.

Feel free to stay for the whole celebration or come for your child's grade award ceremony.

FRIDAY, APRIL 8

GRADES K-2, 10-11 A.M.

GRADES 3-6, 11-12 P.M.

GRADES 7-9, 12-1 P.M.

We will be offering cookies and punch! We will also set up a selfie station for you to take pics with your child and Griffin Admin Staff.



Athlos Academy
UTAH



FIRST AND THIRD THURSDAY OF EACH MONTH

PRINCIPAL'S PANTRY

The Principal's Pantry is open from 5-7 p.m. on the first and third Thursday of each month with nonperishable food items for Athlos families. The pantry is stocked with food and distributed for free to any Athlos student or family, **no questions asked**. Our goal is to help Athlos families.

5:00 P.M. TO 7:00 P.M.

We want everyone to have nourishing food. Food is available on a first-come, first-serve basis while supplies last.

Athlos Academy employees, volunteers or other representatives have inspected and confirmed that all donated food products received are in good order. Athlos Academy makes no representations, warranties or guaranties whatsoever with respect to the quality or hygiene of the donated food products. Once the donated food products are received and distributed, Athlos Academy shall not be responsible for any adverse reactions, side effects, injury, bodily harm or death that results from consumption of the donated food products or any other liability arising thereof. It is assumed that recipients of food from Athlos Academy will care for perishable items and adhere to USDA food guidelines when preparing food.

Free Food Distribution



Athlos Academy
UTAH

12309 S. MUSTANG TRAIL WAY
HERRIMAN, UT 84096
(801) 438-4619



Pastries with Parents

 May 

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

When: May 20, 7 -8 a.m.
Where: Athlos Academy of Utah - Cafeteria





Attendance Matters

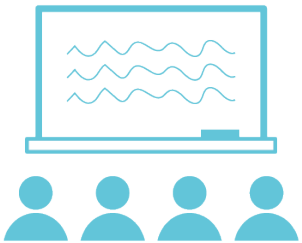
The Impact of Tardiness on Student Success



A STUDENT SPENDS



HOURS/DAY



IN THE CLASSROOM

(NATIONAL CENTER FOR EDUCATION STATISTICS)

THE AVERAGE
SCHOOL MONTH IS



CONSISTENTLY MISSING



MINUTES/DAY

=



(ALMOST 2 DAYS OF SCHOOL)

Good school attendance often starts with smaller steps, such as arriving and leaving on time. At Athlos schools, some of the most important learning opportunities for students occur in the morning where they often participate in class huddles, morning announcements, and develop relationships with their peers.

Students Who Arrive and Leave School Early Miss Out on Key Learning Opportunities.

- Athlos students who arrive late and leave early from school miss out on key learning opportunities such as morning huddles, morning announcements, academic activities, tests and quizzes, and social interactions with peers.
- Chronic tardiness is when students are consistently late to class and can have dramatic results on a student's future education and career. Similarly, students who leave school early miss out on valuable instructional time.
- Research has found that not only do students who are chronically tardy perform worse on their test scores, but so do their more prompt peers. The less time students spend in the classroom means the less they can contribute; often leading to class being disrupted, placing group and class projects on hold, and making less significant peer connections.



How to Encourage Punctuality

Studies have shown that using praise as a positive reinforcement is an effective strategy for student attendance. However, family participation is also key to good attendance for younger students. Some of the Athlos tips for good attendance include:

- Establishing and keeping a schedule; children thrive on routine
- Going to bed and waking up earlier
- Preparing for the morning the night before by laying out outfits, packing backpacks, and pre-packing lunches
- If work schedules conflict, investigate other means of transportation, such as carpooling with other families
- If your family consistently struggles with school attendance, professionals suggest tracking the average time you're late by and adding that time accordingly to your schedule. *For example:* if you are consistently 15 to 30 minutes late in the morning, set your alarm 15 to 30 minutes earlier. Doing this creates a cushion of extra time for unexpected delays.



On Time Students Are Successful Students

Student attendance is one of the most common predictors of academic achievement. Students who consistently miss school hours develop habits that will lead into their adult life, affecting their education, career, and social connections.

In contrast, students who participate fully in school activities will have more opportunities to achieve academically, make healthy and informed lifestyle choices, and develop Performance Character traits.

Absence and tardiness in the classroom are some of the most challenging and powerful factors to student success, but through careful self-examination and a little grit, Athlos families will find what can be done to improve attendance in the classroom.

HEALTHY BODY PILLARS & GRIFFIN ATHLETICS

Message from the Athletic Director.

Unfortunately, we did not have enough students sign up for Boys' Volleyball or Girls' Soccer. We are hoping that we will have enough sign-ups to field teams for these sports next spring. Our next competitive sports seasons will be next August, when it will be time for Coed Cross-Country, Boys' Soccer and Girls' Volleyball. Be on the lookout for information sometime in the next few months!



COACH ROJAS

801-438-4619 ext. 9502



Sponsorship Opportunities

Athlos would like to thank CADRE GRP, CMIT Solution of Sandy and Prime Insurance for sponsoring Griffins Sports Teams. CADRE GRP is a management consultancy, based in Washington D.C., that is known for delivering superior insight and leadership to solve the most critical challenges in the most difficult environments. CMIT Solutions of Sandy offers customized IT solutions for all of your office needs and is owned by our very own Athlos PTO President, Stephanie Isiko. Prime Insurance Company offers customized coverage and solutions to individuals, businesses and producers when standard markets don't meet the needs of the insured.





Other Sports Opportunities

Athlos Academy of Utah will be hosting a chapter of the Herriman Race Cats. Race Cats is a locally-based, youth track & field and cross-country club. For elementary Race Cats teams, "Practice is held twice a week on your child's school field or at a nearby park for one hour. Children are praised for effort and improvement. Each team has their own jersey color and comes to two races with other Race Cats teams in their city. In the Fall we will have a third race, the Race Cats Championship, where all Race Cats teams come together and compete."

The Athlos Race Cat club will begin practice on Tuesday, April 11, at 3:45pm.

To register, please visit:

<https://racecats.org/herriman-elementary-spring-track/>

Athlos Sports & Fan Wear

Please visit our Athlos Griffins Year-Round Store! It's the perfect place to pick up shirts, hoodies, polos, and other items that show your support for Griffins Athletics.

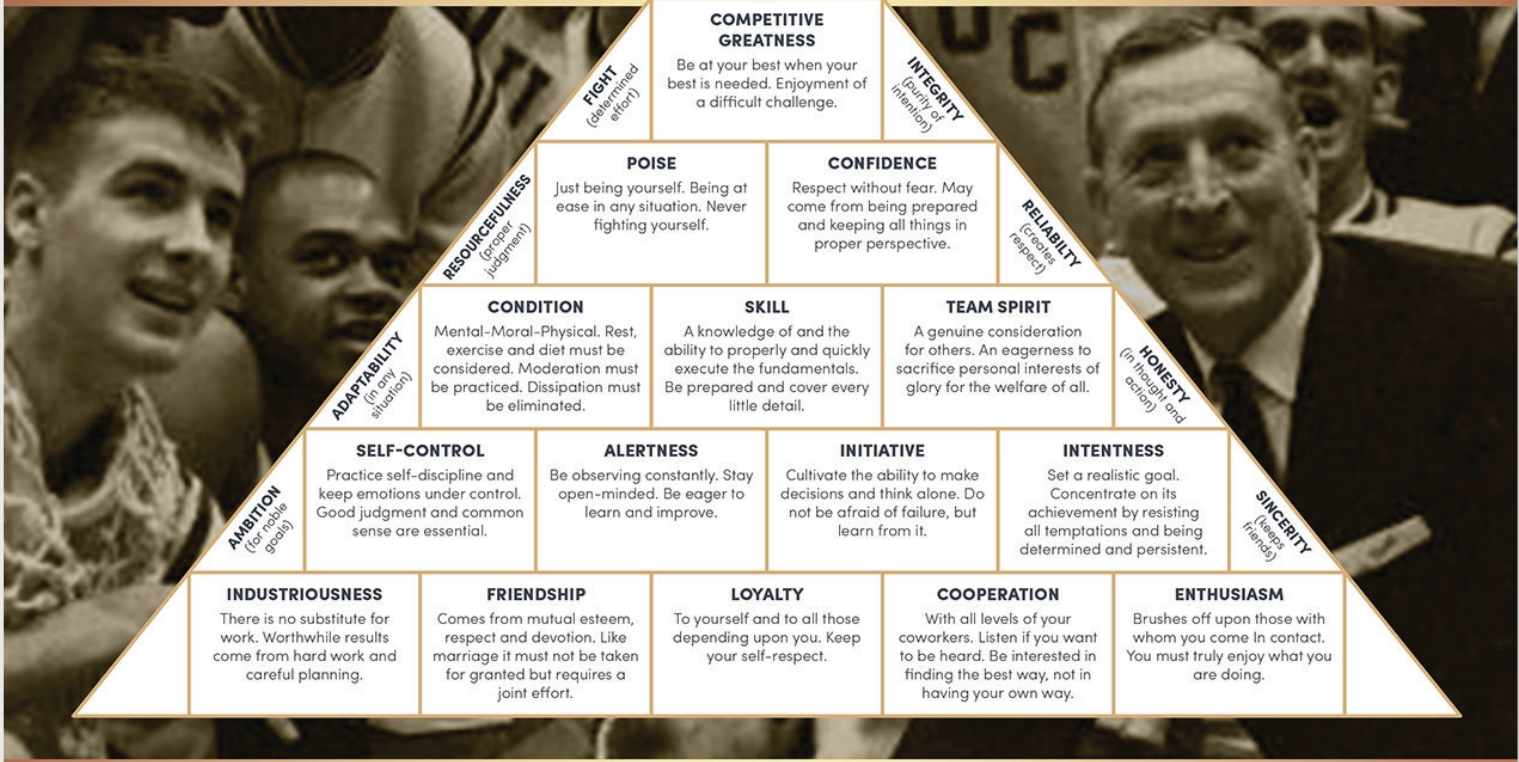
<https://athlosacademy.itemorder.com/sale>



COACH JOHN WOODEN

== PYRAMID OF SUCCESS ==

“Success is peace of mind attained only through self-satisfaction in knowing you made the effort to do the best of which you’re capable.”
— John Wooden



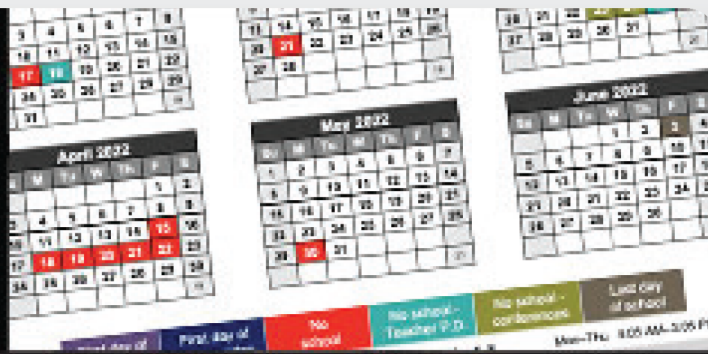
Teachable Moments

Hall of Fame basketball coach, John Wooden, built his program around a philosophy that was depicted as a pyramid, which is famously referred to as the “Pyramid of Success”. Coach Wooden defines Cooperation as cooperating with, “All levels of your co-workers. Listen[ing] if you want to be heard. Be[ing] interested in finding the best way, not in having your own way.”

There is a lot of wisdom in the quote, but the thing that immediately stands out to me is the suggestion that we should listen more. Earlier this month, my 4th grade son participated in the Herriman Baseball Little League Spring Training Clinic. The clinic is put on by the Herriman High School Baseball Team and it is one of their main fundraisers. By the way, they do a great job. At the end of the three days of training, the new baseball head coach at Herriman High School, David Carter, sat all the young players down, and the first thing he said to them was, “Baseball has a lot to teach you, but you have to listen.”

<https://www.thewoodeneffect.com/pyramid-of-success/>

2021-22 official calendar



Vacation Leave

The state of Utah requires that parents/legal guardians excuse their students in advance for planned absences from school lasting more than four consecutive days, but not to exceed ten consecutive days.

Your child's teacher and the Executive Director must be notified of the absence prior to leaving by completing

[THIS FORM.](#)

2021-22 School Calendar

The official school calendar includes non-school days due to holidays, staff professional development, conferences, winter break, and spring break. The calendar is available on the official school calendar page and as a printable PDF.

[Click here to look at the official 2021-22 school calendar](#)

First Day of School	Tuesday, August 17	Grade 1-8
First Day of Kinder	Wednesday, August 25	Kindergarten
No School	Monday, September 6	Labor Day
No School	Thurs, Sept 23 - Fri, Sept 24	Conferences
No School	Friday, October 15	Teacher P.D.
No School	Mon, Oct 18 - Fri, Oct 22	Fall Break
No School	Wed, Nov 24 - Fri, Nov 26	Thanksgiving Break
No School	Mon, Dec 20 - Fri, Dec 31	Winter Break
No School	Monday, January 17	Martin Luther King Jr. Day
No School	Tuesday, January 18	Teacher P.D.
No School	Monday, January 17	Presidents Day
No School	Wed, March 23 - Thurs, March 24	Conferences
No School	Friday, March 25	Teacher P.D.
No School	Fri, April 15 - Fri, April 22	Spring Break
No School	Monday, May 30	Memorial Day
Last Day of School	Friday, June 3	



Athlos Academy of Utah

2021-2022 Calendar

July 2021						
Su	M	Tu	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

August 2021						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				11

September 2021						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
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26	27	28	29	30		
						19

October 2021						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						15

November 2021						
Su	M	Tu	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				19

December 2021						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
						13

January 2022						
Su	M	Tu	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					19

February 2022						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					19

March 2022						
Su	M	Tu	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		
						20

April 2022						
Su	M	Tu	W	Th	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
						15

May 2022						
Su	M	Tu	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				21

June 2022						
Su	M	Tu	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		
						3

First day of school	First day of kindergarten	No school	No school - Teacher P.D.	No school - conferences	Last day of school
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Fall semester	08/17/2021 – 01/14/2022	Schedule (grades 1–8 and extended Kinder.)	Mon–Thu 8:05 AM–3:05 PM
Spring semester	01/19/2022 – 06/03/2022		Friday 8:05 AM–1:05 PM
Quarter 1	08/17/2021 – 10/15/2021	Schedule AM Kinder.	Mon–Thu 8:05 AM–11:05AM
Quarter 2	10/25/2021 – 01/14/2022		Friday 8:05 AM–10:05AM
Quarter 3	01/19/2022 – 03/24/2022	Schedule PM Kinder.	Mon–Thu 12:05PM – 3:05PM
Quarter 4	03/28/2022 – 06/03/2022		Friday 11:05AM – 1:05PM
Total school days / hours	174 / 1009hrs	Earliest Drop Off	Monday - Friday 7:50AM