



## 4 TEACHERS

**Our award-winning teachers are passionate professionals dedicated to young people.**

Through extensive training, the Athlos staff implements best-practices in the classroom that engage students and promote cooperation, creativity, and curiosity. Through their student-centered approach, teachers consider the whole student. Teachers embrace and emulate the Athlos model and support a balanced approach to academic, physical, and social-emotional student growth. The teacher-student ratio average is one teacher for every 25 students.

**"I love the class sizes and the way students get individual help if needed."**

**- Athlos Parent**

## 5 UNIFORMS

**Athlos uniforms go from classroom to turf in comfort and style.**

Athlos uniforms go from classroom to turf in comfort and style. Uniform purchases are fully refundable and shipping labels are available at the front desk

## 6 FACILITIES AND SAFETY

**An Athlos school accommodates students who are "ready to learn, ready to move."**

### SCHOOL FEATURES

- Perimeter fence and secured, single point of entry that is locked during school hours
- Safety plan and safety drills
- State of the art classrooms
- 700 square yards of indoor turf and weight room, making movement a priority no matter the weather
- Soccer, baseball and baseball fields
- Basketball court, tetherball and playground equipment

**"The school is very equipped for students' needs, it seems to have a family-oriented setting."**

**- Athlos Parent**



**A UNIQUE KIND OF LEARNING**

**A UNIQUE KIND OF PERFORMANCE**

**A UNIQUE KIND OF SCHOOL**



DISCOVER THE  
**ATHLOS**  
**EDGE**

[www.athlosutah.org](http://www.athlosutah.org) | [info@athlosutah.org](mailto:info@athlosutah.org)

 **Athlos Academy**  
UTAH



# 1

## PREPARED MIND

### Learning is purposeful, relevant, and challenging.

Athlos understands that the education we provide impacts students for years beyond the classroom! It's about instilling life-application skills that support high-quality work expectations.

Our teaching approach promotes curiosity and confidence. All students can master difficult subjects.

#### BENEFITS

- Students make relevant and real-world connections
- Teachers are facilitators, not directors, of instruction
- Students take an active role and develop ownership in their learning
- Students ask questions and have meaningful discussions
- Students showcase their work to teachers, parents, and community members

#### HIGHLIGHTS

- Onsite Preschool: The Sneaker Club, a tuition-based preschool offering classes for three to four year olds
- Free all-day Kindergarten, and AM & PM options
- Beyond the Bell
  - Affordable, Before & After School Care

### A culture of wellness is woven throughout the school day.

Athlos believes that in order to change a student's mindset about what a healthy lifestyle entails, a culture of wellness must permeate all aspects of a student's school day, and that's just what we do!

#### Did you know?

**Physically active kids are 20% more likely to earn an "A" in English and math.**

#### OUR APPROACH

- Athletic curriculum is broken into three age-appropriate levels:
  1. Movement Fundamentals (K-2)
  2. Sport Skills Fundamentals (3-5)
  3. Organized Sports Application (6-9)
- A culture of wellness promotes unstructured free play and classroom movement breaks
- Health and nutrition are integrated into the classroom and throughout the school

# 2

## HEALTHY BODY



# 3

## PERFORMANCE CHARACTER

### Social and emotional learning is a top priority.

To succeed in life, kids need more than book smarts. They need to know how to perform and thrive in challenging situations. Our Performance Character curriculum is the foundation of the school's strong positive culture.

The Performance Character program supports a prepared mind and healthy body and has other positive impacts on the students and the school. By developing Performance Character traits such as grit, social intelligence, and leadership, students gain skills that equip them to overcome obstacles. They learn to turn moments of failure into learning opportunities from which they grow!

#### RESULTS

- Students improve their day-to-day behavior by building positive relationships
- Students and staff feel connected to each other, their peers, and the school community
- Students show an increase in academic achievement
- Retention rates of staff and students increases