

Athlos Academy 6th Annual

GRIFFIN GALLOP JOG-A-THON



Tuesday, October 11

WE ARE EXCITED ABOUT OUR 6TH ANNUAL JOG-A-THON!

This event is our big fundraiser for the school year!

In the past, we have used the money to purchase equipment for athletic movement class, an AED, pedometers, etc. With the funds, we also hope to install sound panels in the gym and take students on field trips. Students will be jogging or walking as many laps as they can during their athletic movement time, which can be found in the table below. Parent, staff, and student volunteers will help tally how many laps each student completes.

Students are encouraged to find family, friends, or neighbors to “sponsor” them for this event (sponsors are not required, all students will participate). Water will be provided. Students may bring their own snacks (please no peanut products!)

GRADE 7, 8 & 9
8:15 - 9:00

GRADE 5
9:15 - 10:00

GRADE 4
10:20 - 11:05

GRADE 6
11:15 - 12:00

GRADE 3
12:05 - 12:45

KINDERGARTEN
12:50 - 1:25

GRADE 2
1:35 - 2:10

GRADE 1
2:20 - 2:55

WHAT TO DO WITH DONATIONS/SPONSORSHIPS

My student has flat rate pledges, what do I do?



All flat rate pledges are to be sent with your student in the included envelope, along with this pledge sheet on the day of the Jog-a-thon OR paid online at the Payment Portal:
<https://www.athlosutah.org/payments/>

My student has pledges per lap, what do I do?



Per lap pledges need to be calculated by the coaches after the Jog-a-thon. You will be informed how many laps were completed and what total is due at a later date. You still need to bring your pledge sheet to the Jog-a-thon.



SEE BACK FOR PLEDGE SHEET



Athlos Academy
UTAH

PLEDGE SHEET

STUDENT'S NAME: _____ TEACHER: _____ LAPS: _____ GRADE: _____

[illegible]

The “V” in SERVE stands for volunteerism. Volunteering not only provides students with an opportunity to give back to their communities, but it also teaches them about social and societal issues outside of what they may encounter within the walls of the classroom.

As a vital element of the Athlos model, students learn to intentionally build on Performance Character traits like integrity, humility, and grit. Volunteering provides a platform for Athlos students to exhibit these traits and become active and engaged community members.

