

I. PURPOSE

Athlos Academy expects students to keep themselves well-groomed and neatly dressed while at school or at school-related events.

II. DEFINITIONS

- A. Spirit Wear Days: Days established by the School Leader where select exemptions from the standard uniform may be observed.

III. POLICY

- A. Students are expected to comply with the uniform dress policy at all times during the regular school day.
- B. General Modesty Standards:
1. Head: No midriff showing when child touches his/her head.
 2. Shoulders: Shoulders should be fully covered, no cap sleeves, no tank tops or spaghetti straps.
 3. Knees: Skirts and shorts should touch the top of the knees, and skirts must be worn with a “modesty short” underneath.
 4. Toes: Toes and heels covered.
- C. Dress Code:
1. Students' free exercise of religious beliefs through dress and appearance shall be protected;
 2. Clothing should be clean and should fit properly; and
 3. Parent/guardian(s) are advised to mark all removable clothing with the student's name in permanent ink.
 4. Tops:
 - a. Athlos Uniform Top: Logo visible, collared, any color available from official website.
 - i. Alternatively, a student may wear a solid white polo shirt that is made of 100% polyester with a sew-on patch acquired from the school.
 - b. Second layer: Sweater, cardigan, zip-front jacket in a solid black color (no prints or patterns on jackets worn in class).

Uniform Dress Policy

- c. Base layer: Students may wear solid-colored, long sleeve black or white shirts under their Athlos Uniform Top for warmth.
 - d. Athlos logo jackets are available from the website.
 - e. Outerwear such as coats, scarves, and boots worn outside and to/from school should be appropriate for current weather conditions and free of offensive words and graphics.
5. Bottoms:
- a. Shorts and Pants: Athlos shorts and pants are available from the official website.
 - i. Alternatively, a student may wear solid black, non-form-fitting athletic pants and/or shorts made of 100% polyester with a sew-on patch acquired from the school.
 - b. Skorts: Athlos skorts are available from the official website. Solid black leggings or tights may be worn with the skort.
6. Footwear:
- a. Athletic Shoes: Closed at toe and heel, with non-skid soles.
 - b. Footwear should be appropriate for current weather conditions.
7. Accessories/Hair:
- a. Hairstyles are expected to be non-distracting and out of the student's eyes.
 - b. Hair accessories are to be minimal and non-distracting.
 - c. Jewelry and other accessories should be minimized so that it is not distracting or pose a safety threat.
 - d. Hats or hoods will be worn outdoors only, and in the manner for which they were designed.
8. Backpacks:
- a. Backpacks must be free of offensive words and graphics.
- D. Best Dress:
- 1. Parent/guardian(s) will be informed of Best Dress days as they arise.
 - 2. General modesty standards apply.
 - 3. Students may dress-up according to the following guidelines or remain in the school uniform.
 - a. Boys: Black or tan dress pants, dress shoes, button front shirts, ties optional.

Uniform Dress Policy

- b. Girls: Dresses or skirts must be knee length or longer, shoulders must be covered, and neckline must be modest, dress shoes or sandals (no flip-flops) are acceptable.
- E. Fieldwork Dress:
1. Parent/guardian(s) will be informed of Fieldwork Dress days as they arise.
 2. General modesty standards apply.
 3. Students may stay in uniform or wear clothing specified for the activity.
- F. Spirit Wear Days:
1. The School Leader may designate certain days as spirit wear days.
 2. The School Leader shall determine guidelines for appropriate uniform on spirit wear days.
 - a. General modesty standards shall always be followed.
 3. No more than 25% of school days in a given year may be designated spirit wear days.
- G. If students are unsure as to where their clothing falls within these guidelines, they are encouraged to inquire with a school administrator or teacher before wearing them to school. Students may be required to change clothing at the discretion of school administration.
- H. Families who qualify as economically disadvantaged are encouraged to contact the School Leader for participation in a uniform assistance program.
- I. The School Leader may, at any time during the school year, grant an exemption from wearing a school uniform to a student because of extenuating circumstances. This decision is subject to *Policy 5501 – Communication and Grievance*.

Legal References:

[Utah Code § 53A-15-1102](#)