



I. PURPOSE

This policy establishes requirements regarding the selection of instructional materials on maturation and human sexuality, for providing notice to parents/guardians of proposed maturation and human sexuality discussions and instruction, and for providing directions to teachers regarding appropriate means of discussing this sensitive material.

II. DEFINITIONS

- A. Human Sexuality Instructional Materials Committee: A committee established by the Governing Board as in Utah R277-474 that includes parents, health professionals, school health educators, and administrators, which at least as many parents as school employees. The membership of the committee shall be appointed and reviewed annually by August 1 of each year by the local board, shall meet on a regular basis as determined by the membership, shall select its own officers, and shall be subject to Utah Open Meetings Law.

III. POLICY

A. Levels of Instruction

1. Elementary Maturation Instruction:

- a. Maturation Instruction shall occur in the 5th grade in separate sessions for boys and girls;
- b. Parent/guardian(s) written permission is required and parent attendance is encouraged;
- c. This curriculum shall stress personal hygiene, physiological changes in puberty, and encourages family communication regarding the topics covered.

2. Middle School Health Class:

- a. 8th grade credit requirement includes a health class;
- b. Parent/guardian(s) written permission is required for student participation in sensitive material;
- c. Health class shall meet the standards set by the USBE and adopted by Athlos Academy of Utah.

B. Appropriate Topics of Instruction

Instruction in Maturation and Human Sexuality

1. In accordance with Utah Code §53A-13-101, Athlos Academy of Utah instructors will be responsible for teaching the human sexuality information identified below as necessary to community and individual health:
 - a. “Medically accurate” physiology (information supported by research that is in accordance with scientific methods and recognized as accurate by professionals in the medical field);
 - b. Personal hygiene;
 - c. Prevention of communicable disease (stressing abstinence until marriage); and
 - d. Advocacy and means for maintaining abstinence.

2. In accordance with Utah Code §53A-13-101, Athlos Academy teachers will **not** instruct their students in the following areas of discussion:
 - a. The details of sexual intercourse, sexual stimulation or sensual conduct;
 - b. The promotion of homosexual relations;
 - c. The promotion or encouragement of the use of contraceptive methods or devices; or
 - d. The advocacy of sexual relations outside of marriage.

C. Provisions to the Law

1. Athlos Academy of Utah will have a Human Sexuality Instructional Materials Committee in place to preview teacher resources and guest speakers prior to the date of instruction.
2. Athlos Academy of Utah teachers will notify parents/guardians, using the state provided standardized form, at least two weeks prior to instruction to provide sufficient amount of time for parents to dialog with teachers the specific topics of human sexuality that will be covered.
3. Written parental consent is required before instruction on any aspect of human sexuality begins.
 - a. Specifically, written parental consent is required prior to any mention of contraception use.
4. Class materials and discussion will be fact-based and free from religious, racial, ethnic, and gender bias.
5. In compliance with HB447 (2015), if parents choose to have their student opt out of these instructions, alternative assignments will be given as determined by the Lead School Administrator.

Legal References:

[Utah Admin R277-474](#)

[Utah Code § 53A-13-101](#)